



Mastering cheese texture and flavour during ripening

PLH McSweeney

University College Cork, Ireland

A TRADITION OF
INDEPENDENT
THINKING



UCC

University College Cork, Ireland
Coláiste na hOllscoile Corcaigh



University College Cork (1845)





Food in...

BEES/ERI
History, Geography
Food Business and Development (CUBS)
Management and Marketing (CUBS)
APC
Microbiology
Process and Chemical Engineering
Medicine

**Food: *the* strategic
priority for UCC**



School of
**Food and Nutritional
Sciences**



3—MR. W. T. COSGRAVE, PRESIDENT OF THE EXECUTIVE COUNCIL, LAYING THE FOUNDATION STONE OF THE DAIRY SCIENCE BUILDING, 20th JULY 1928

"UNIVERSITY BRAND"
IS THE
FINEST CREAMERY BUTTER
IT IS MADE IN THE
MODEL CREAMERY, UNIVERSITY COLLEGE,
CORK.

With Machinery and the Most Up-to-Date Scientific Methods are
used, and where the Hygienic Conditions are Ideal.
DELICIOUS IN FLAVOUR—KEEPING QUALITY GUARANTEED.
TRY IT AND YOU WILL ALWAYS BUY IT.

50c, 25c, and 10c boxes Bulk butter in 50 and 50lb. boxes.
FOR SALE AT ALL BUTCHERS TO MANAGER. Phone 1001.



DEGREE DAY, OCTOBER 30th, 1928.



Number 32 of 1926.

UNIVERSITY EDUCATION (AGRICULTURE AND DAIRY SCIENCE) ACT, 1926.

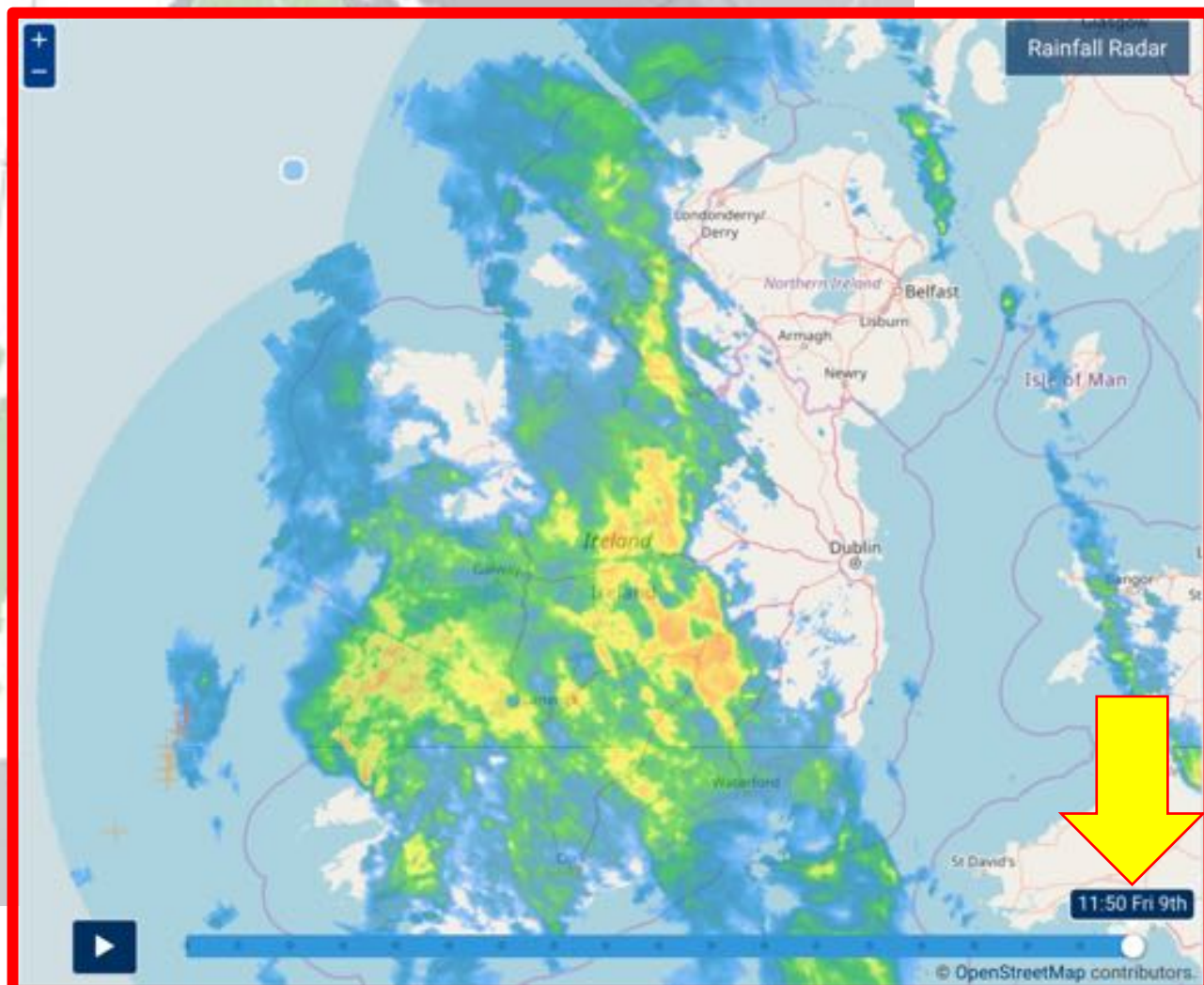
AN ACT TO TRANSFER THE COLLEGE OF SCIENCE AND THE ALBERT AGRICULTURAL COLLEGE TO UNIVERSITY COLLEGE, DUBLIN, TO MAKE FINANCIAL AND OTHER PROVISION FOR THE ESTABLISHMENT AND MAINTENANCE OF A FACULTY OF AGRICULTURE IN UNIVERSITY COLLEGE, DUBLIN, AND THE PERFORMANCE BY THAT COLLEGE OF THE FUNCTIONS HERETOFORE FULFILLED BY THE COLLEGE OF SCIENCE AND THE ALBERT AGRICULTURAL COLLEGE RESPECTIVELY, TO MAKE FINANCIAL AND OTHER PROVISION FOR THE ESTABLISHMENT OF A FACULTY OF DAIRY SCIENCE IN UNIVERSITY COLLEGE, CORK, TO MAKE BETTER PROVISION FOR THE ACCOMMODATION OF THE NATIONAL UNIVERSITY OF IRELAND, AND FOR THOSE AND OTHER PURPOSES TO AMEND THE IRISH UNIVERSITIES ACT, 1908. [17th July, 1926.]

BE IT ENACTED BY THE OIREACHTAS OF SAORSTÁT EIREANN AS FOLLOWS:—





Ireland: the dairy island
Irlanda: la isla lechera





The dairy industry in Ireland



Market capitalisation US\$18.5 bn



Irish owned multinationals

1.4 m dairy cows. Approx 16,500 dairy farmers in Ireland. Average herd size 80 cows (and growing). Average cow produces 5,000 litres milk per annum. Average farm output is ca. 11,000 L/Ha

7,300 m litres of milk
But we consume <10%.
Export 80% of production.
Growing!

205,000 tonnes of cheese
(mainly Cheddar ☹️)

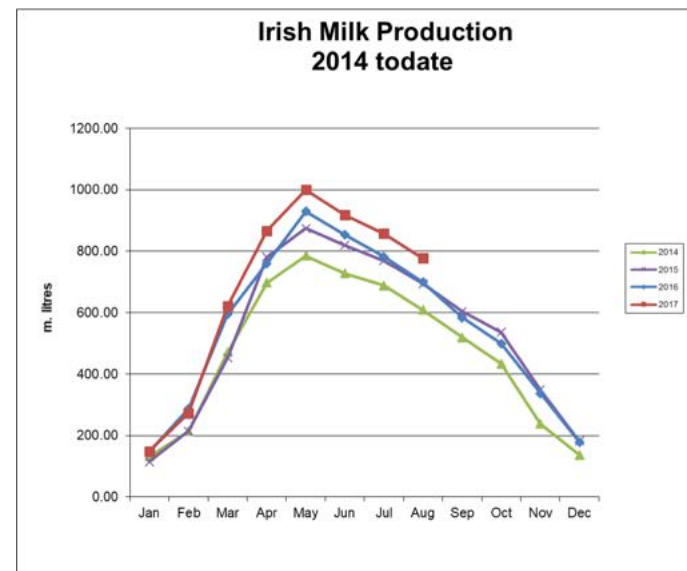
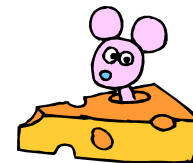
Ingredients...



Make 11% of the world's trade in infant formula



University College Cork



Product mix determined by seasonality of milk supply



Outline...

- Overview of cheese ripening, coagulants
- Calcium equilibrium and cheese texture
- Optical properties of low-fat cheese
- Redox potential and cheese



Outline...

- Overview of cheese ripening, coagulants
- Calcium equilibrium and cheese texture
- Optical properties of low-fat cheese
- Redox potential and cheese



Stages of manufacture

Milk Selection and Pretreatment Pasteurization and Standardization

(In certain cases, use of raw milk, prematuration, thermization, bactofugation, microfiltration or ultrafiltration)

CHEESE MANUFACTURE

4-24 h

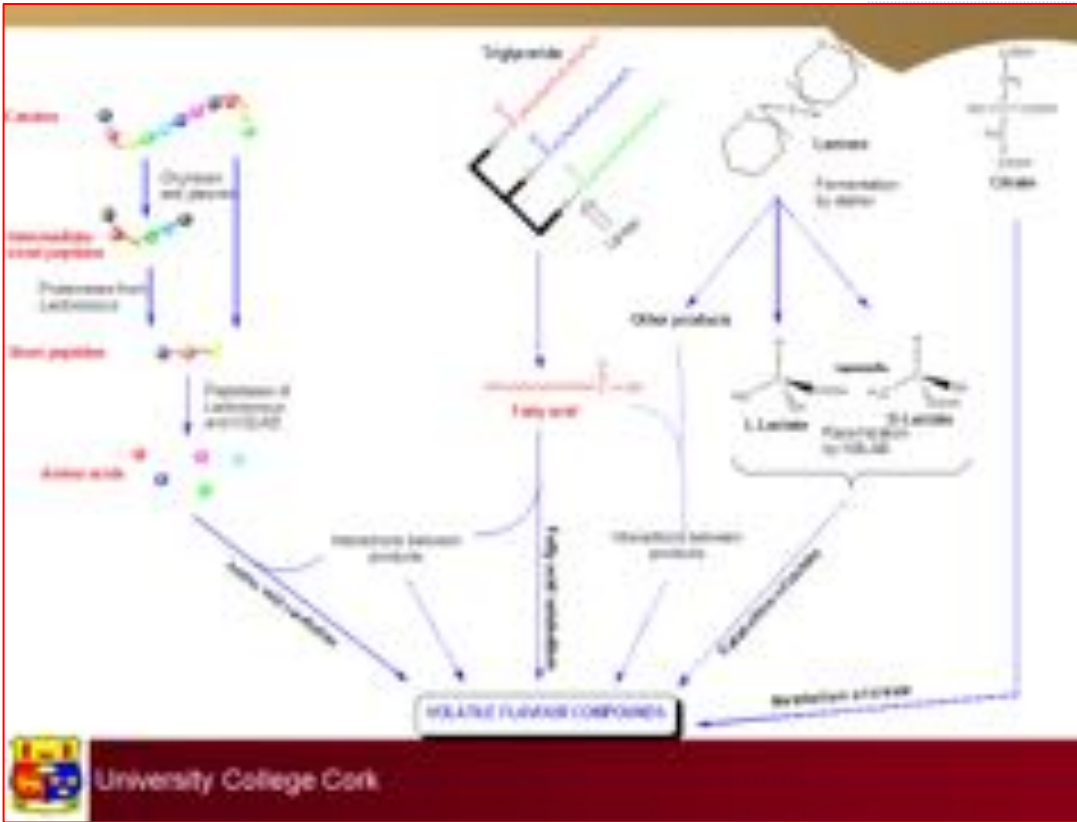
COAGULATION
(with starter cultures)

ACIDIFICATION
(acidification, microflora of milk)

CURDING
(curd formation, curd breaking, curd washing, curd draining, curd pressing, curd salting, curd ripening, curd maturing)

CHEDDARING
(chopping, stirring, e.g. "cheddaring", promote syneresis)

SALTING
(brining, salting, etc., packaging)



FRESH CHEESE

Proteolysis, lipolysis, metabolism of lactate, citrate
Growth of secondary microorganisms, etc., etc.

Development of flavour & texture

MATURE CHEESE

CHEESE RIPENING

2 wks - 2 yrs

Metabolism of lactate...

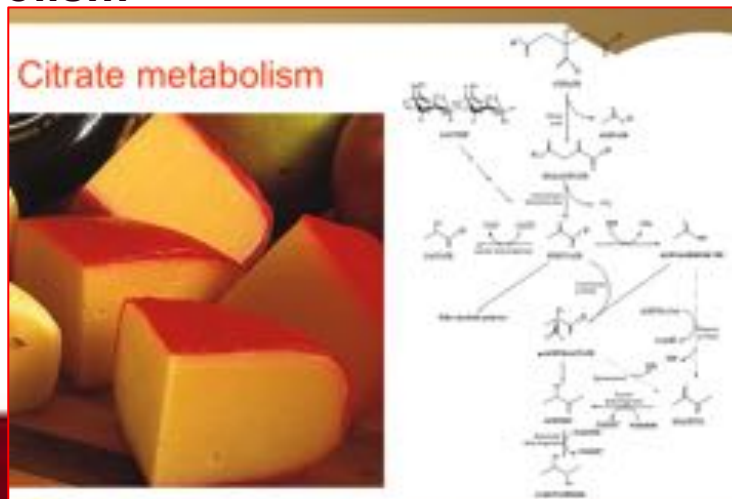
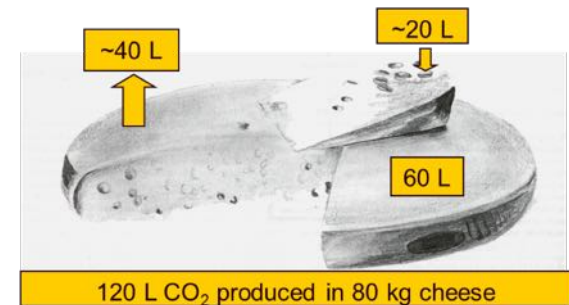
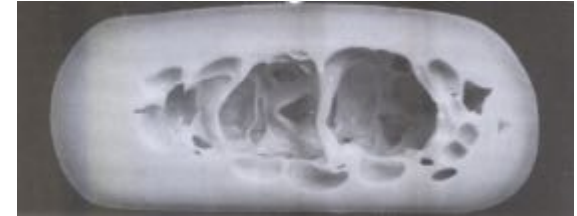
Butyrate, CO₂, H₂
Clostridium sp.

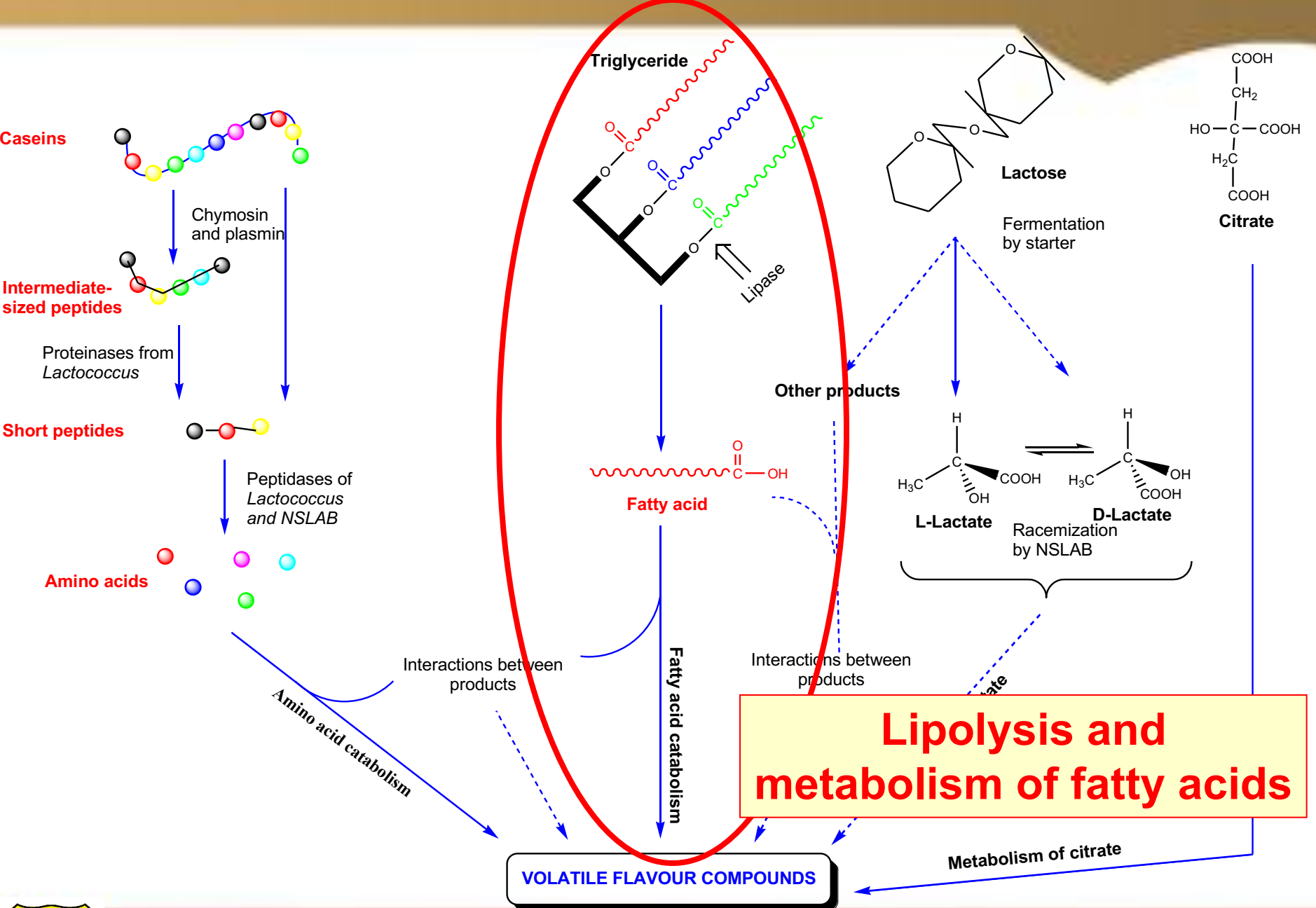
Ca lactate crystals

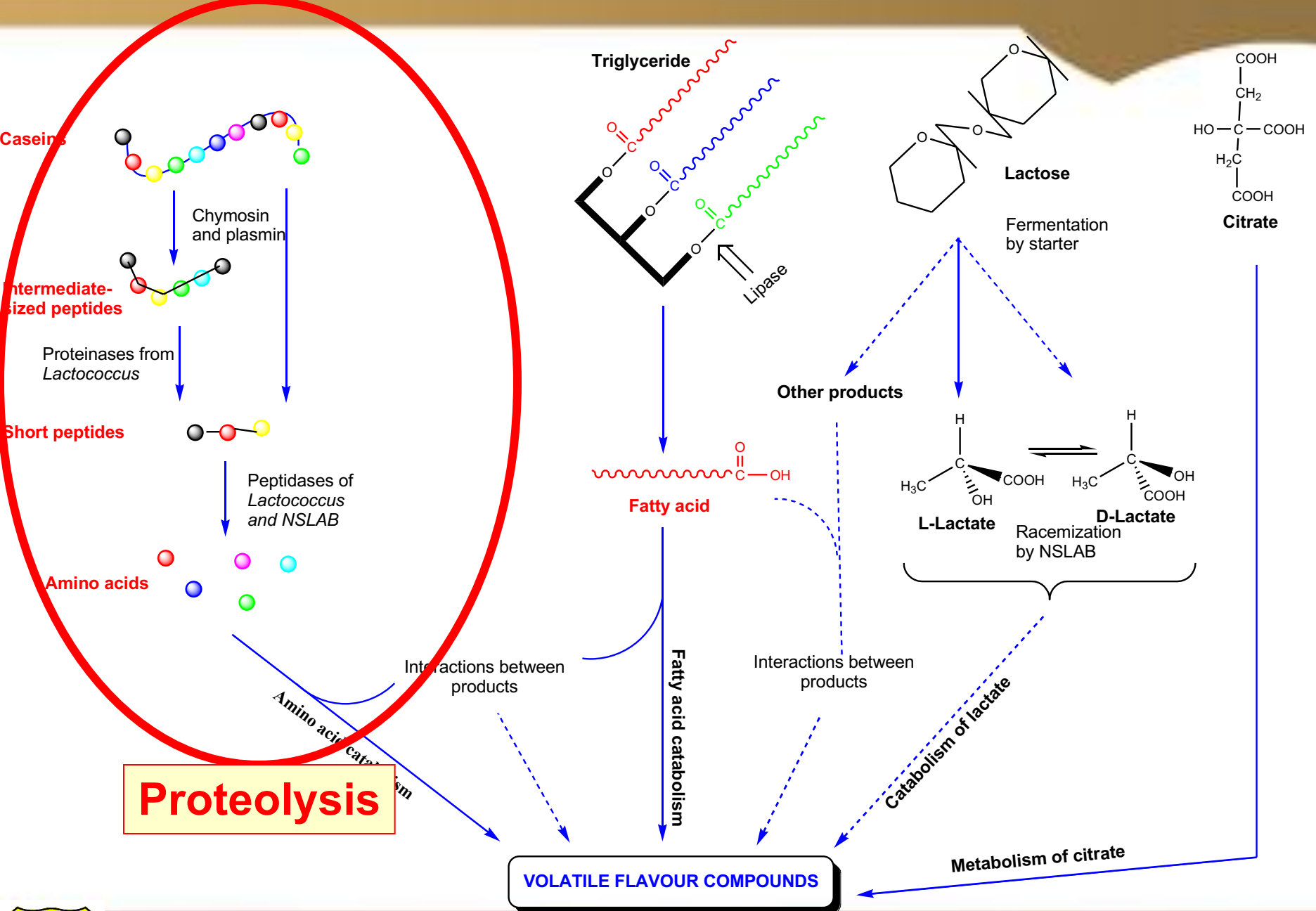
Propionate, Acetate, CO₂
Propionibacterium freudenreichii

Oxidative metabolism

Oxidation to
formate, ethanol
and acetate
LAB?





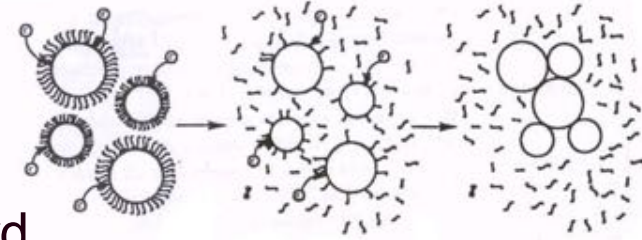




Origins of proteases in cheese

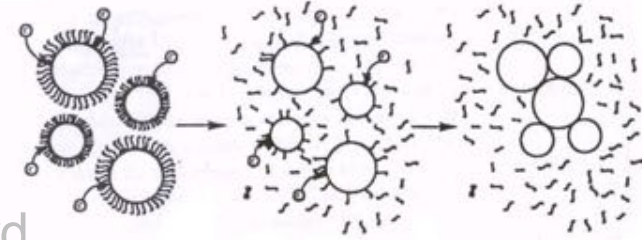
- **Coagulant (chymosin, others)**
- **Milk (plasmin, somatic cell proteinases)**
- **Starter bacteria**
- **Secondary starter**
- **Non-starter microflora**

Coagulant

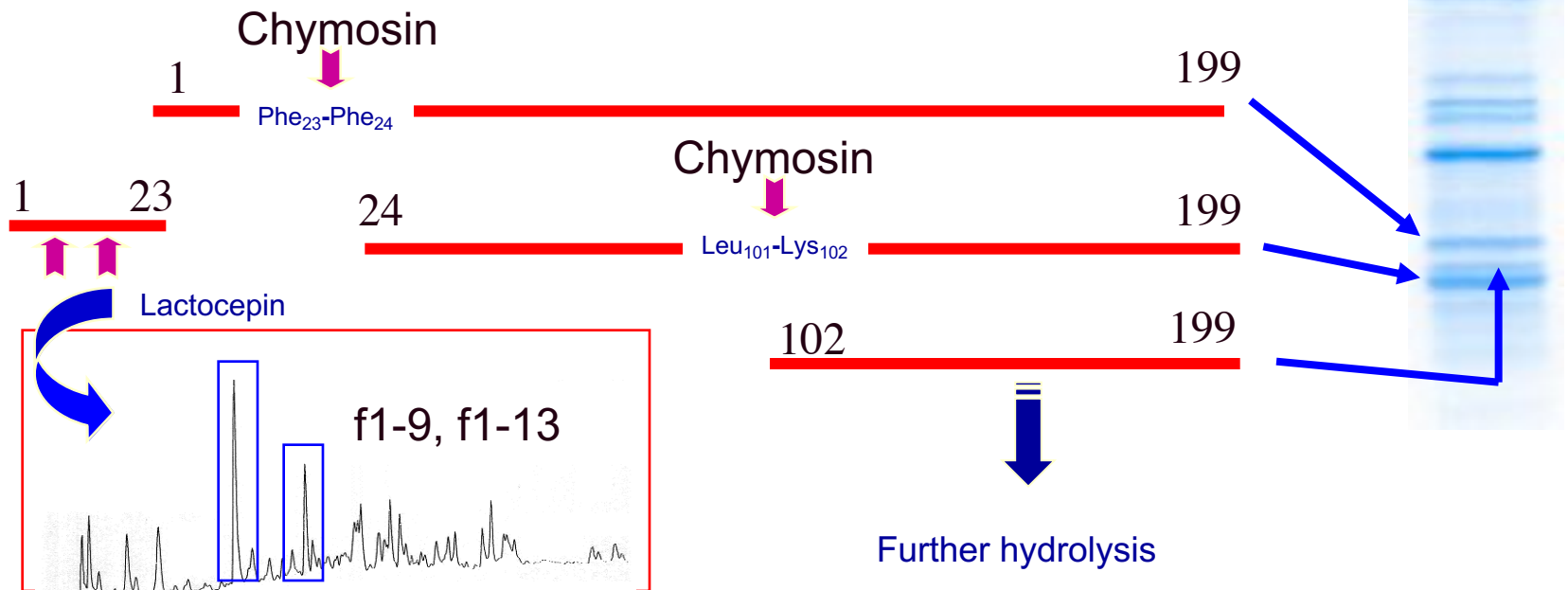


- Rennet coagulation of milk...
- Proportion of added rennet *activity* retained in curd
- Little hydrolysis of β -casein in cheese due to hydrophobic interactions of hydrophobic C-terminal region
- Principally responsible for primary hydrolysis of α_{s1} -casein

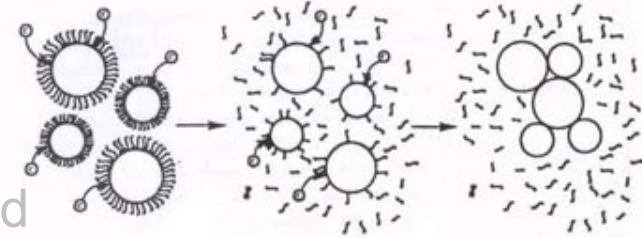
Coagulant



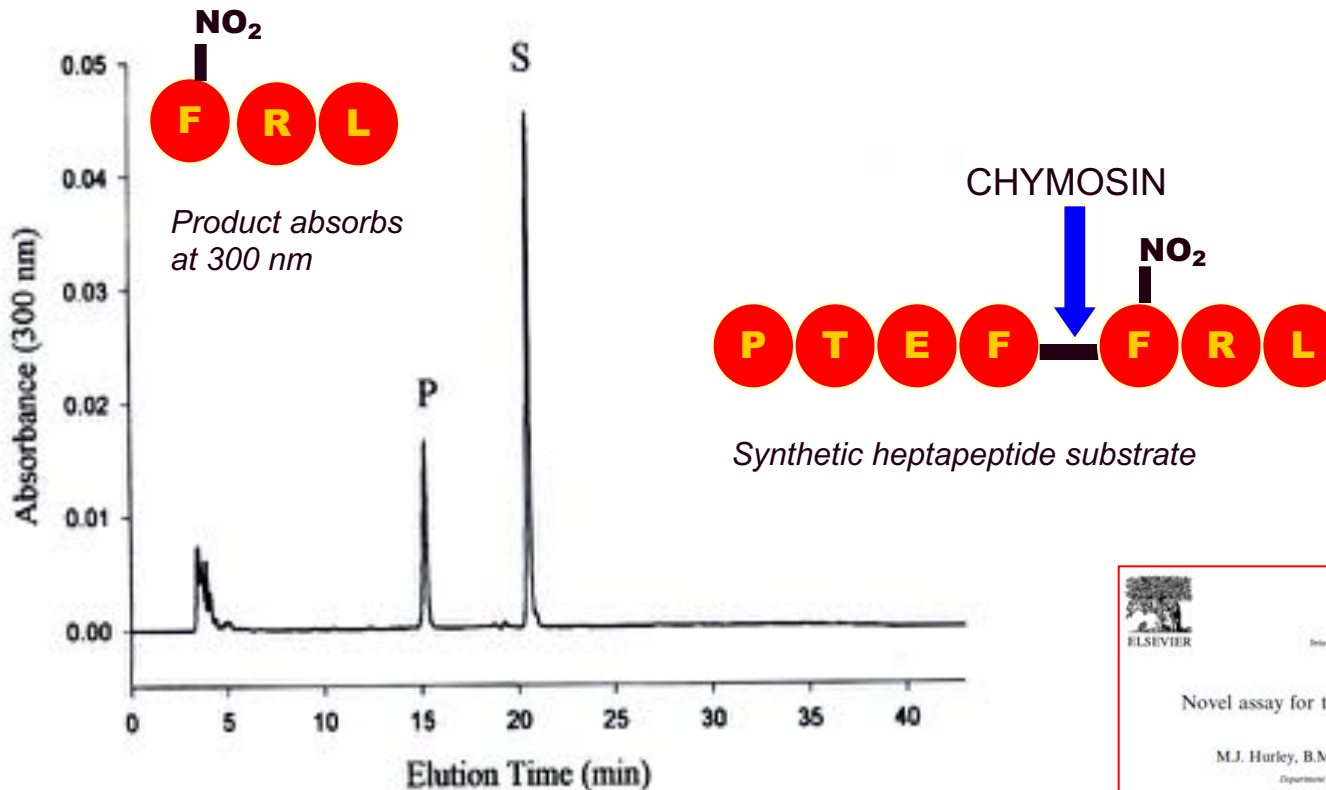
- Rennet coagulation of milk...
- Proportion of added rennet *activity* retained in curd
- Little hydrolysis of β -casein in cheese due to hydrophobic interactions of hydrophobic C-terminal region
- Principally responsible for primary hydrolysis of α_{s1} -casein



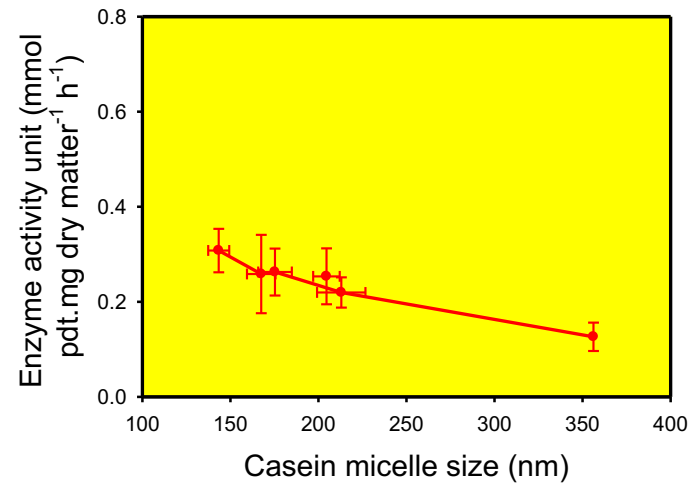
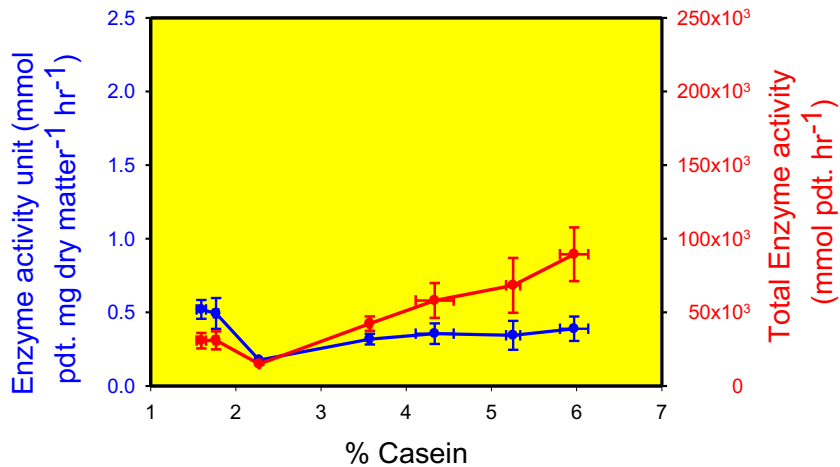
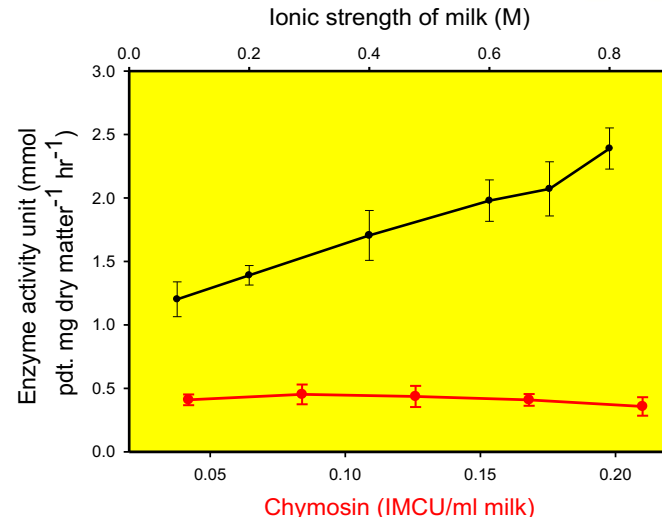
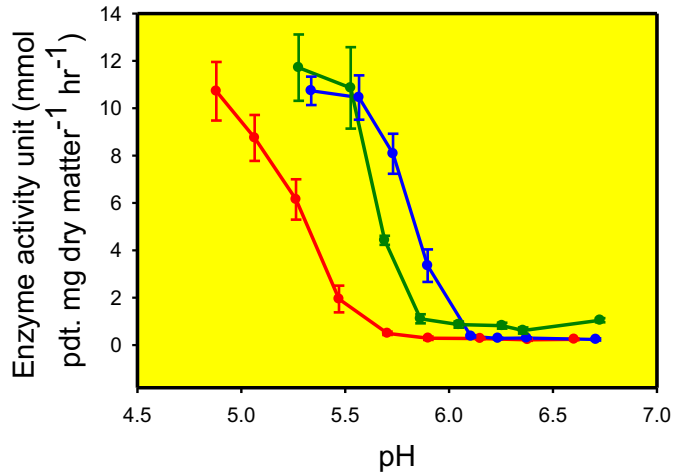
Coagulant



- Rennet coagulation of milk...
- Proportion of added rennet *activity* retained in curd
- Little hydrolysis of β -casein in cheese due to hydrophobic interactions of hydrophobic C-terminal region
- Principally responsible for primary hydrolysis of α_{s1} -casein
- Chymosin assay...



- pH at whey drainage (chymosin)
- pH of milk (chymosin)
- pH of milk (*C. parasitica* proteinase)



University College Cork

JOURNAL OF
AGRICULTURAL AND
FOOD CHEMISTRY

J. Agric. Food Chem. 2007, 55, 9219-9225 9219

Factors Affecting the Retention of Rennet in
Cheese Curd

NEHJ BANSAL, PATRICK F. FOX, AND PAUL L. H. MCSWEENEY*

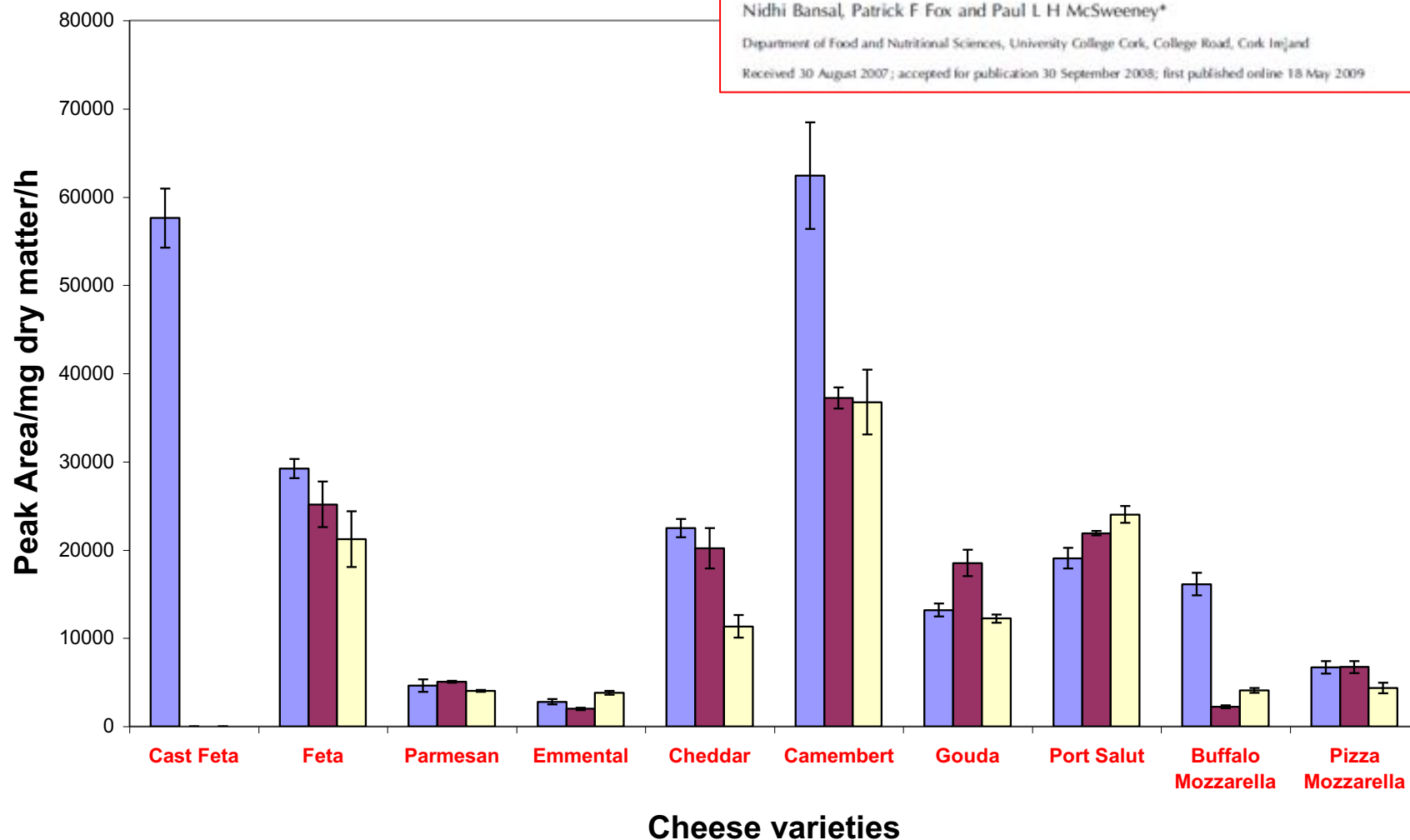


Comparison of the level of residual coagulant activity in different cheese varieties

Nidhi Bansal, Patrick F Fox and Paul L H McSweeney*

Department of Food and Nutritional Sciences, University College Cork, College Road, Cork Ireland

Received 30 August 2007; accepted for publication 30 September 2008; first published online 18 May 2009



A interesting coagulant...

Characteristics of good rennet substitutes

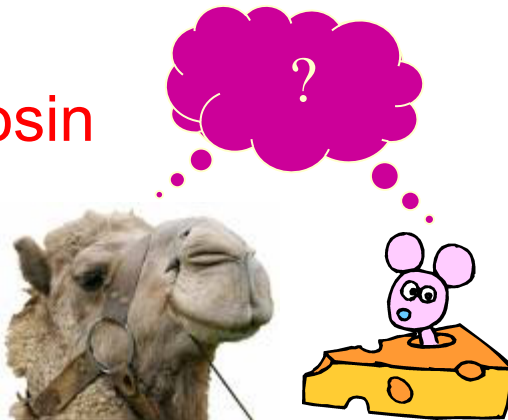
- High milk clotting : proteolytic ratio
- Proper specificity
- Good activity in milk
- Easily denatured (in whey)
- Few suitable enzymes...



University College Cork

- No significant differences in composition and pH; suggestion of increased yield
- Primary proteolysis was significantly lower in camel chymosin cheeses large quantitative differences between the peptide profiles of cheeses; however, the levels of amino acids were similar
- Flavour differences
- Camel chymosin can be used successfully to make Cheddar cheese with lower levels of proteolysis but with good flavour.

Camel chymosin
CHY-MAX™ M



Suitability of recombinant camel (*Camelus dromedarius*) chymosin as a coagulant for Cheddar cheese

N. Bansal^a, M.A. Drake^b, P. Piraino^c, M.L. Broe^d, M. Harboe^d, P.F. Fox^a, P.L.H. McSweeney^{a,*}

^aDepartment of Food and Nutritional Sciences, University College Cork, College Road, Cork, Ireland

^bDepartment of Food Science, North Carolina State University, Raleigh, NC 27695, USA

^cDr P. Piraino Statistical Consulting, Via Verdi 138, 87036, Rende, CS, Italy

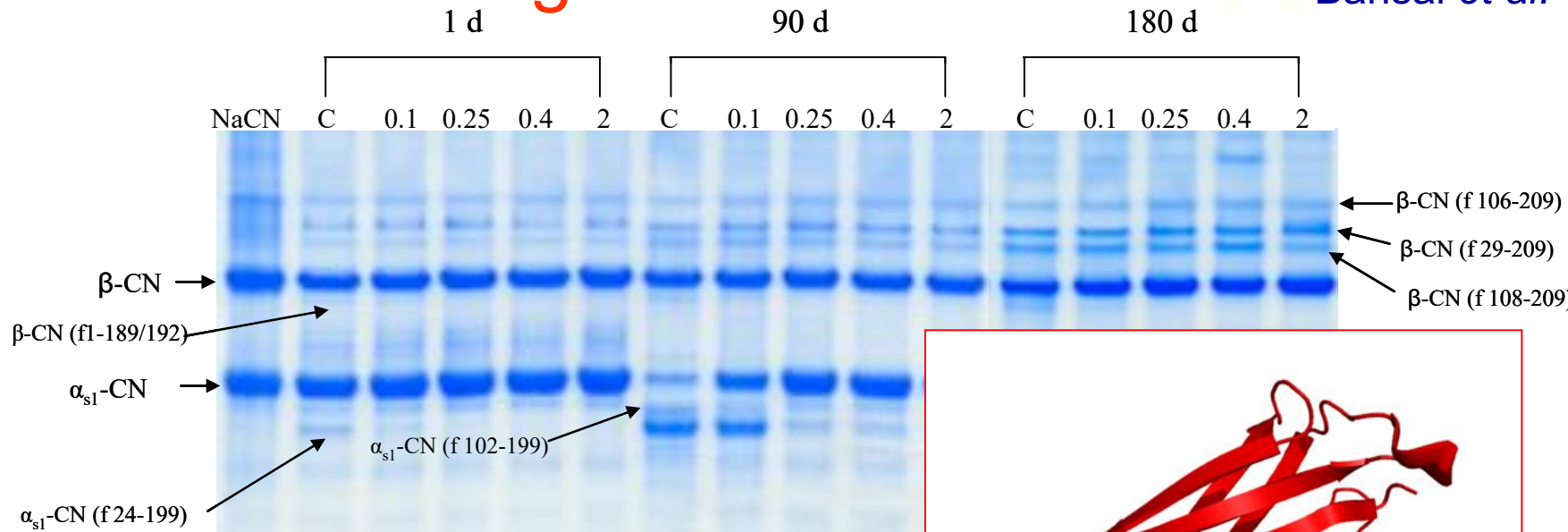
^dChr. Hansen A/S, DK-2850 Hørsholm, Denmark



University College Cork

Inhibition of coagulant

Bansal *et al.*



Urea-polyacrylamide gel electrophoretograms (12.5% T, 4% C, pH 8.9) of bovine sodium caseinate (CN) and the Cheddar cheeses manufactured from milk containing 0 (C), 0.1, 0.25, 0.4 or 2% equine blood serum after 1, 90 and 180 d of ripening.



University College Cork

Caseins

Intermediate-sized peptides

Short peptides

Amino acids

Amino acid catabolism

Triglyceride

Lipase

Fatty acid

Fatty acid catabolism

VOLATILE FLAVOUR COMPOUNDS

Lactose

Fermentation by starter

Other products

L-Lactate

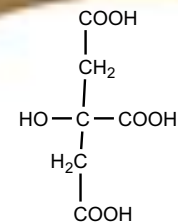
D-Lactate

Racemization by NSLAB

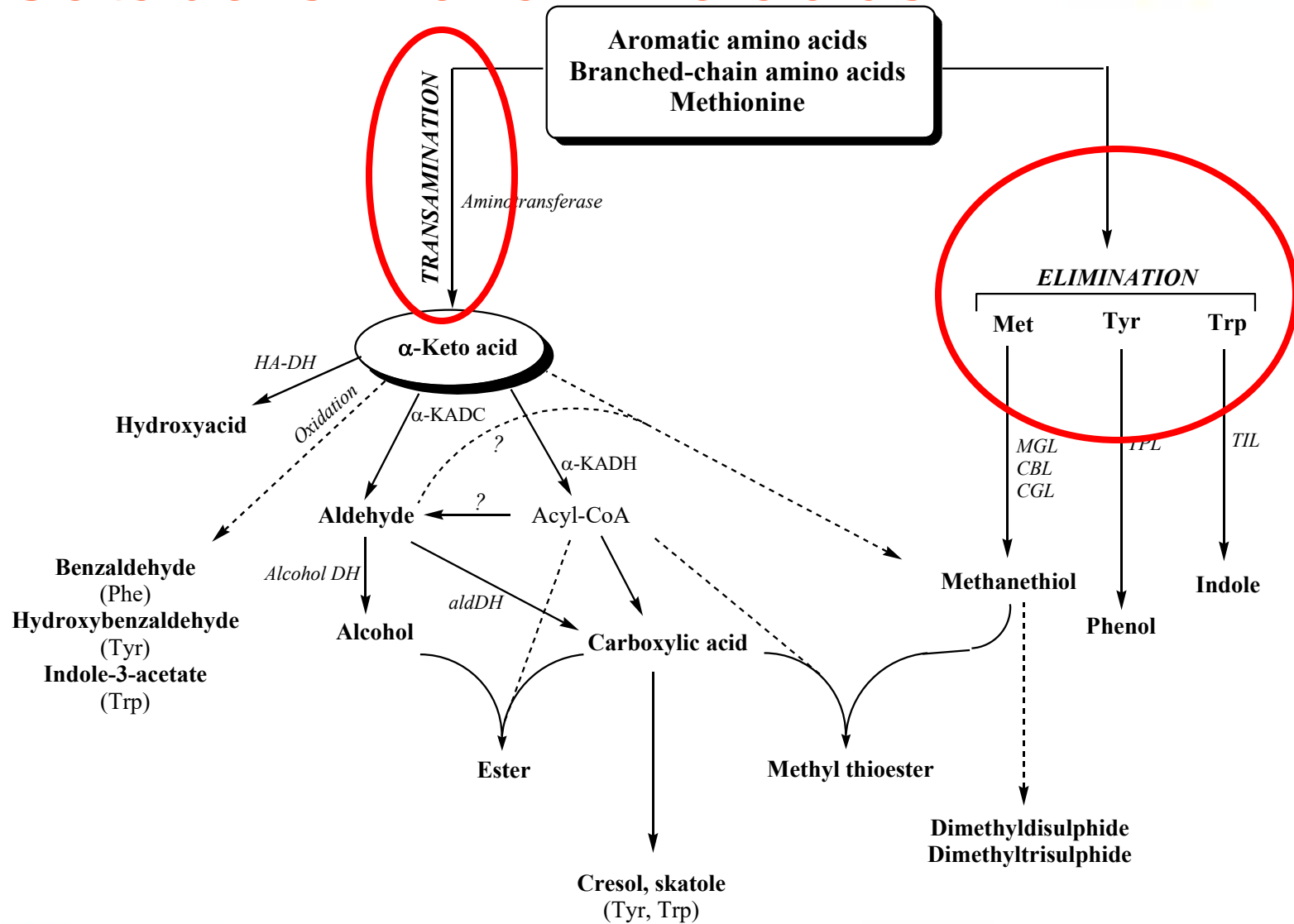
Catabolism of lactate

Metabolism of citrate

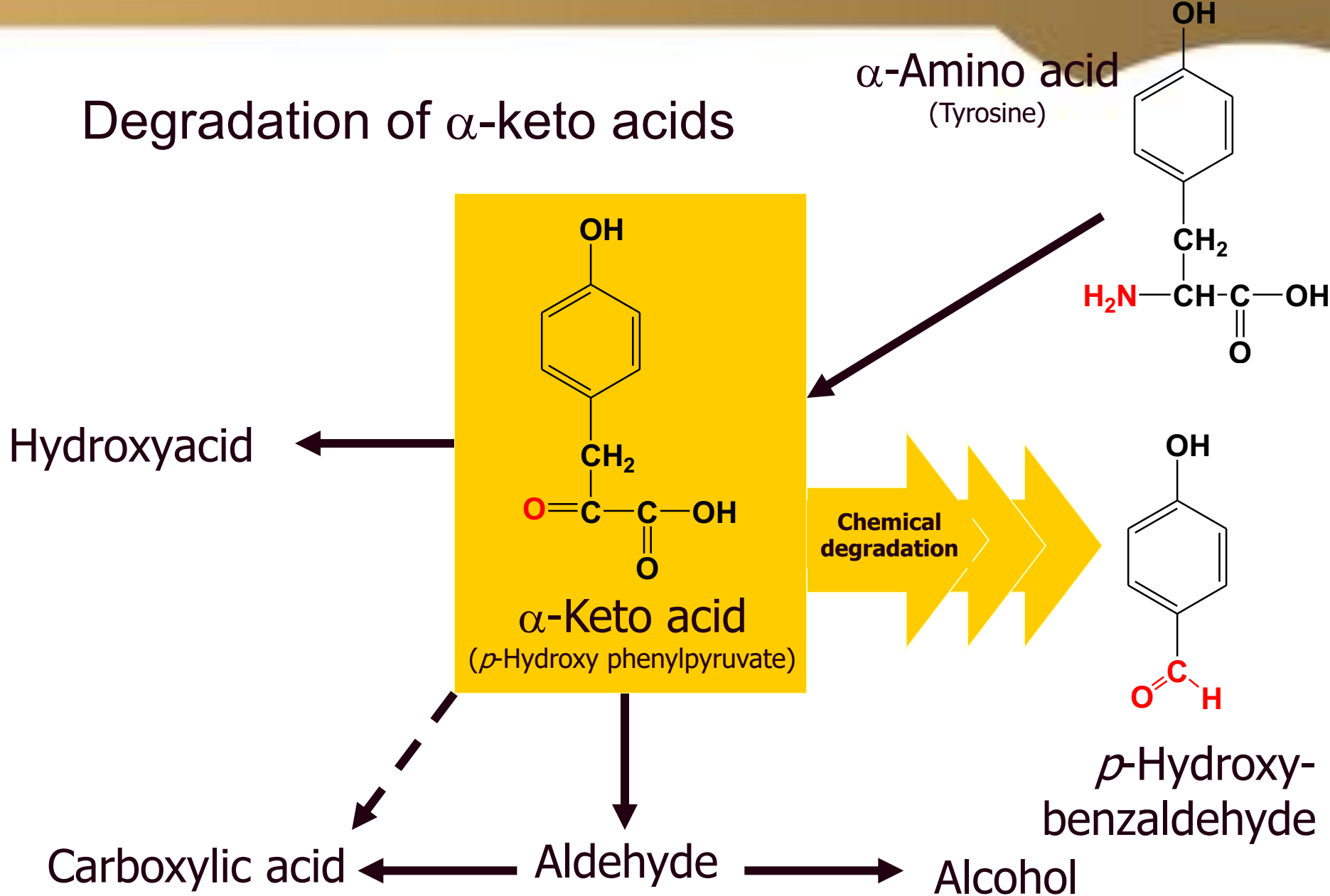
Citrate



Catabolism of amino acids



Degradation of α -keto acids



Outline...

- Overview of cheese ripening, coagulants
- Calcium equilibrium and cheese texture
- Optical properties of low-fat cheese
- Redox potential and cheese



On the structural models of bovine casein micelles—review and possible improvements

Douglas G. Dalgleish*

Received 11th August 2010, Accepted 12th November 2010
DOI: 10.1039/c0sm00806k

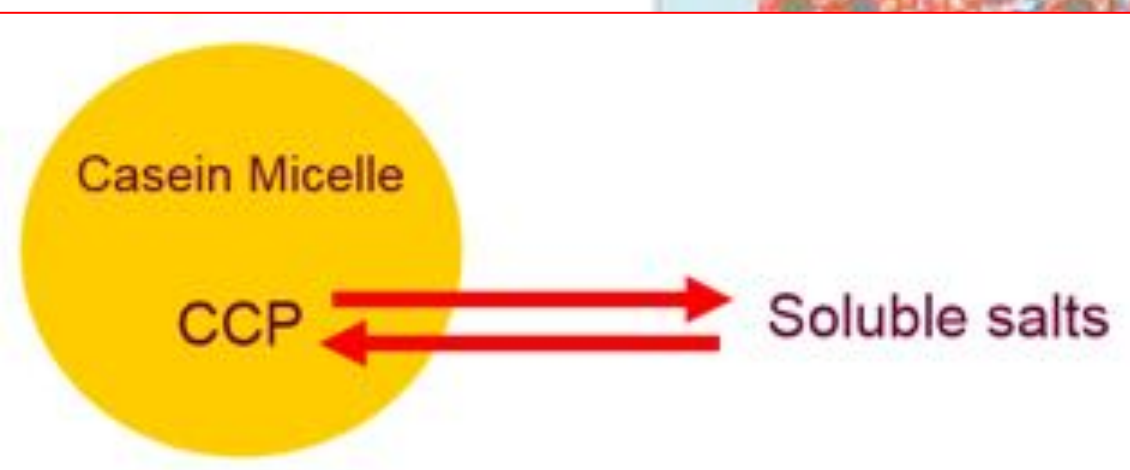
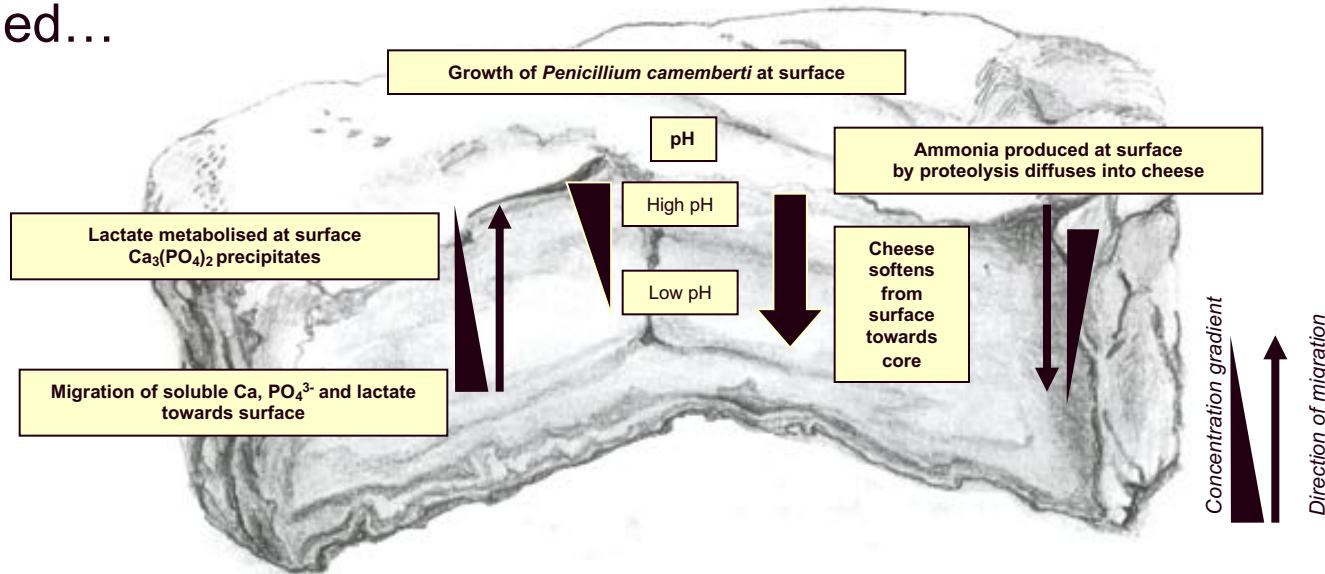


Fig. 5 Schematic structure of the casein micelle, incorporating calcium phosphate nanoclusters (grey) with their attached caseins (red) and the surface-located κ -casein (green). The "hydrophobically bound" mobile β -casein is shown in blue, within the water channels inside the micelle. For clarity, the relative sizes of the individual components are not to scale.

Textural changes during ripening...

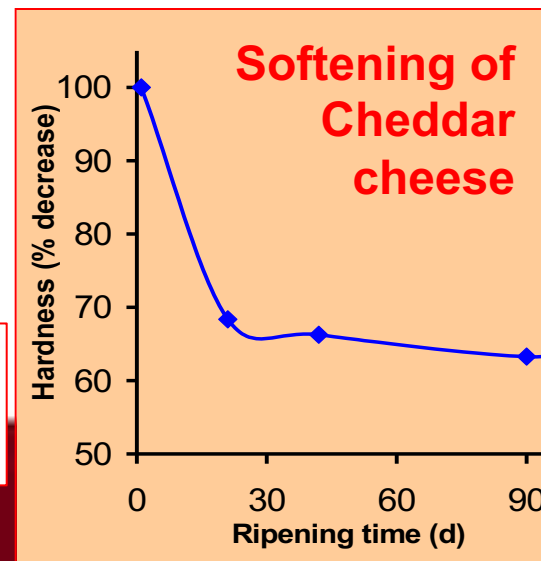
- Role of calcium, pH in softening of Camembert-type cheeses is well established...



- What is the role of calcium in softening of Cheddar cheese?
Biochemical and physicochemical processes...
Role of α_{s1} -casein?

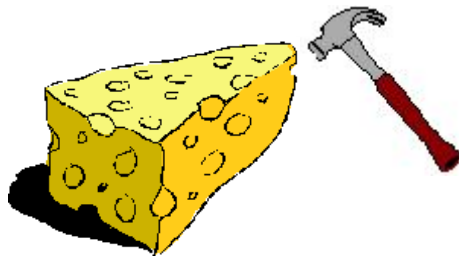
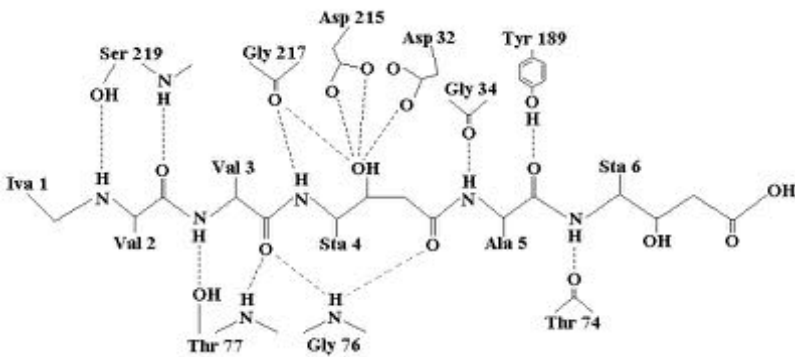
Creamer, L. K., and N. F. Olson. 1982. Rheological evaluation of maturing Cheddar cheese. *J. Food Sci.* 47:631-646.
Creamer, L. K., H. F. Zoerb, N. F. Olson, and T. Richardson. 1982. Surface hydrophobicity of α_{s1} -I, α_{s1} -casein A and B and its implications in cheese structure. *J. Dairy Sci.* 65:902-906.

University College Cork

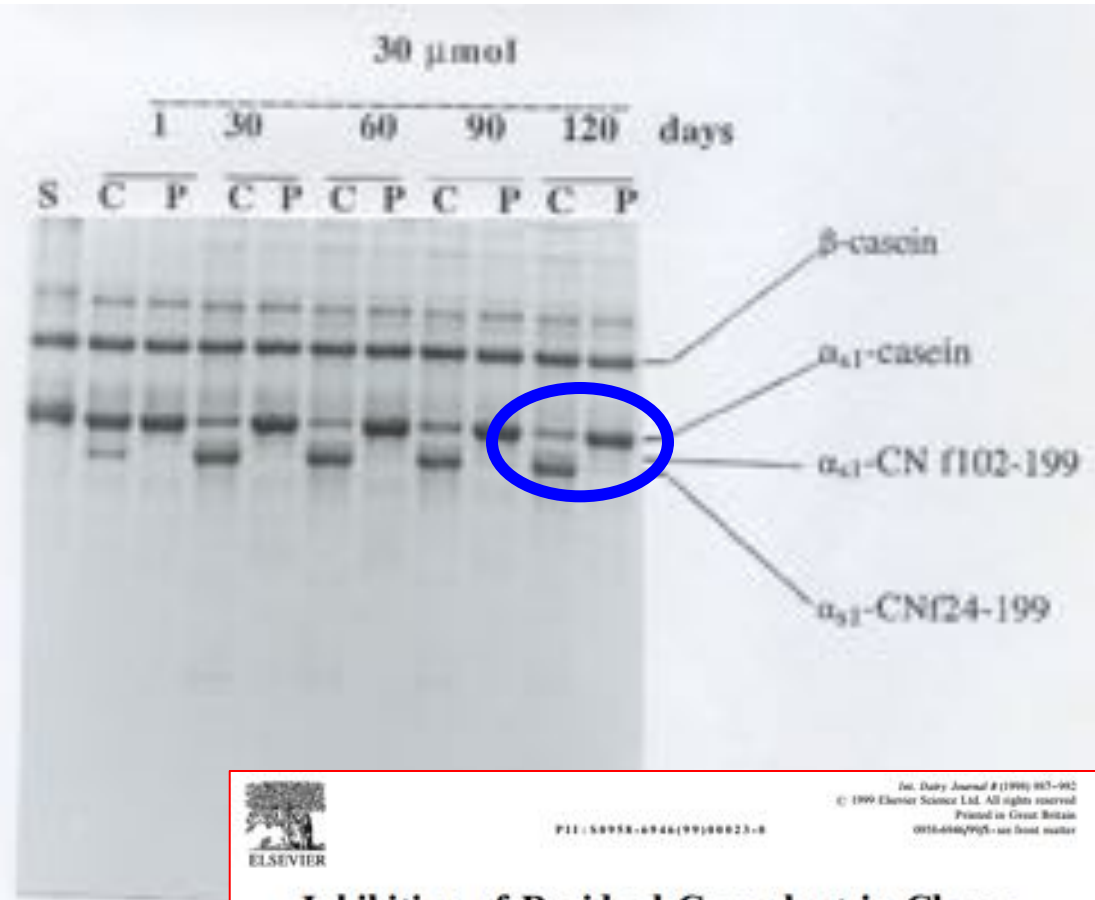


Role of chymosin in cheese texture development?

- Chymosin inhibited by pepstatin (IsoVal-Val-Val-Stat-Ala-Stat)



Useful tool to study cheese texture



University College Cork



Inhibition of Residual Coagulant in Cheese using Pepstatin

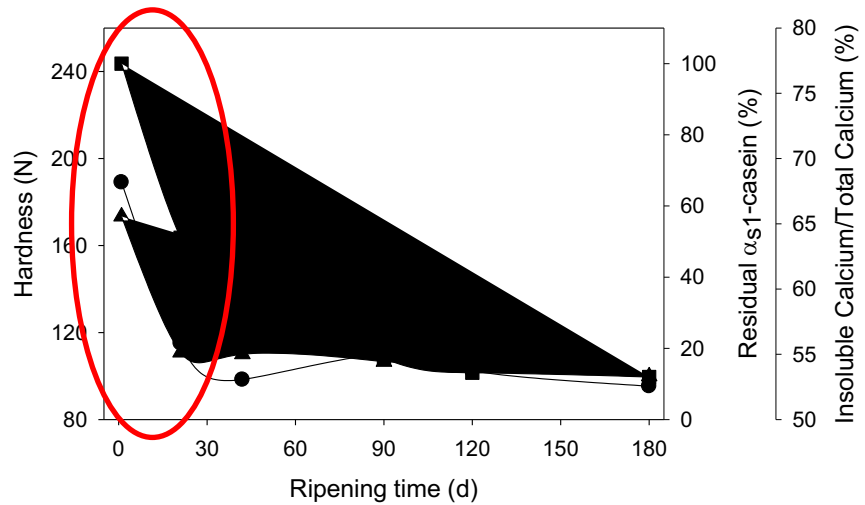
Shakeel-Ur-Rehman, Esther P. Feeney, Paul L. H. McSweeney* and Patrick F. Fox

Department of Food Science and Technology, University College, Cork, Ireland

Int. Dairy Journal 8 (1998) 957-962
© 1999 Elsevier Science Ltd. All rights reserved.
Printed in Great Britain
0950-4230/99/\$ - see front matter

P11: S0958-6946(99)00023-8

Control (100% residual chymosin activity)

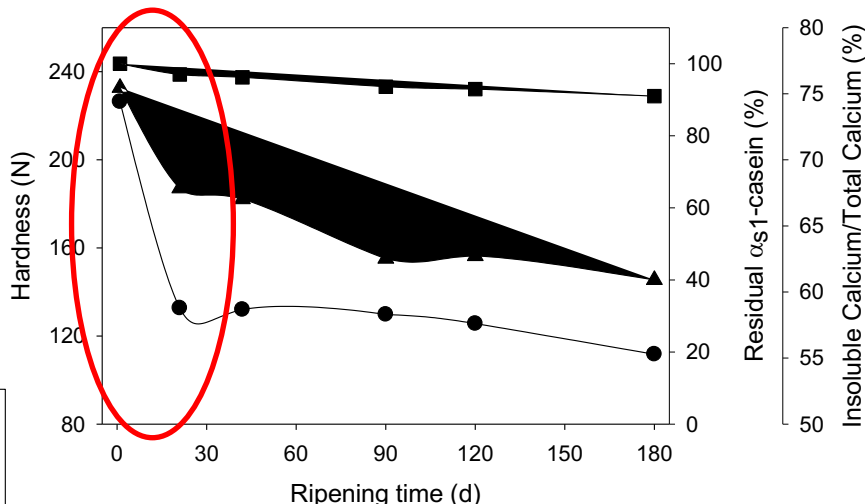


Hardness decreased significantly ($p < 0.001$) irrespective of α_{s1} -casein hydrolysis

Calcium solubilization most closely related to initial softening

Hydrolysis of α_{s1} -casein plays a role but not as important as solubilization of Ca

Pepstatin (16% residual chymosin activity)



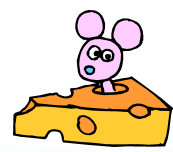
- ▲ Hardness
- Residual α_{s1} -casein
- Insoluble Calcium

J. Dairy Sci. 88:JDS5070 TakeB130
 © American Dairy Science Association, 2005.

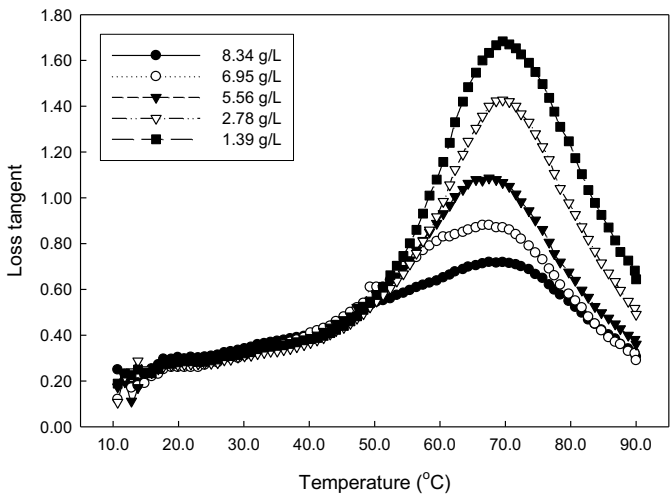
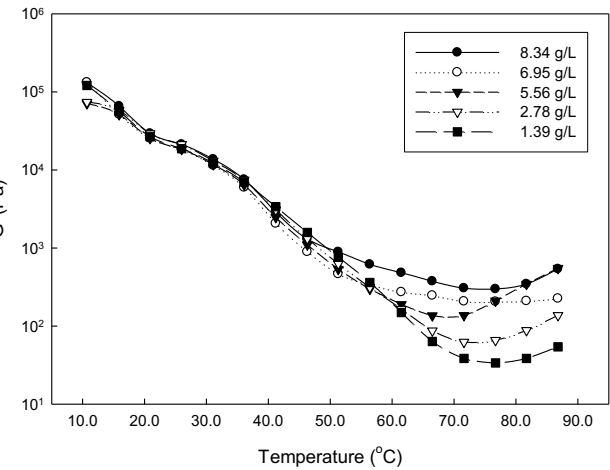
Chymosin-Mediated Proteolysis, Calcium Solubilization, and Texture Development During the Ripening of Cheddar Cheese

J. A. O'Mahony,^{1,2} J. A. Lucey,² and P. L. H. McSweeney¹

¹Department of Food and Nutritional Sciences, University College, Cork, Ireland
²Department of Food Science, University of Wisconsin-Madison, 1605 Linden Drive, Madison 53706



Variation in CCP levels using synthetic Cheddar cheese aqueous phase



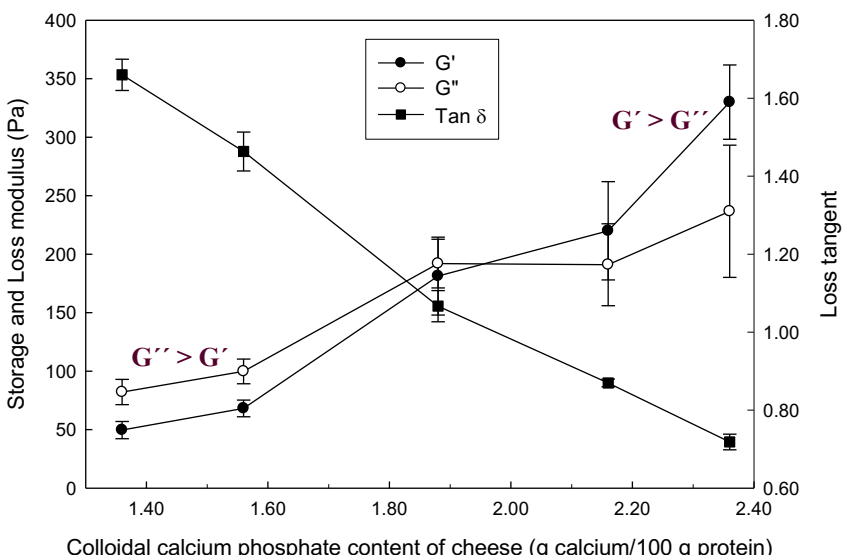
Storage modulus

[CCP] had no significant effect on G' at 20 $^{\circ}\text{C}$
 G' at 70 $^{\circ}\text{C}$ increased significantly with increasing [CCP]

Loss tangent

LT_{max} increased significantly with decreasing [CCP]
 [CCP] had no significant effect on temperature of LT_{max}

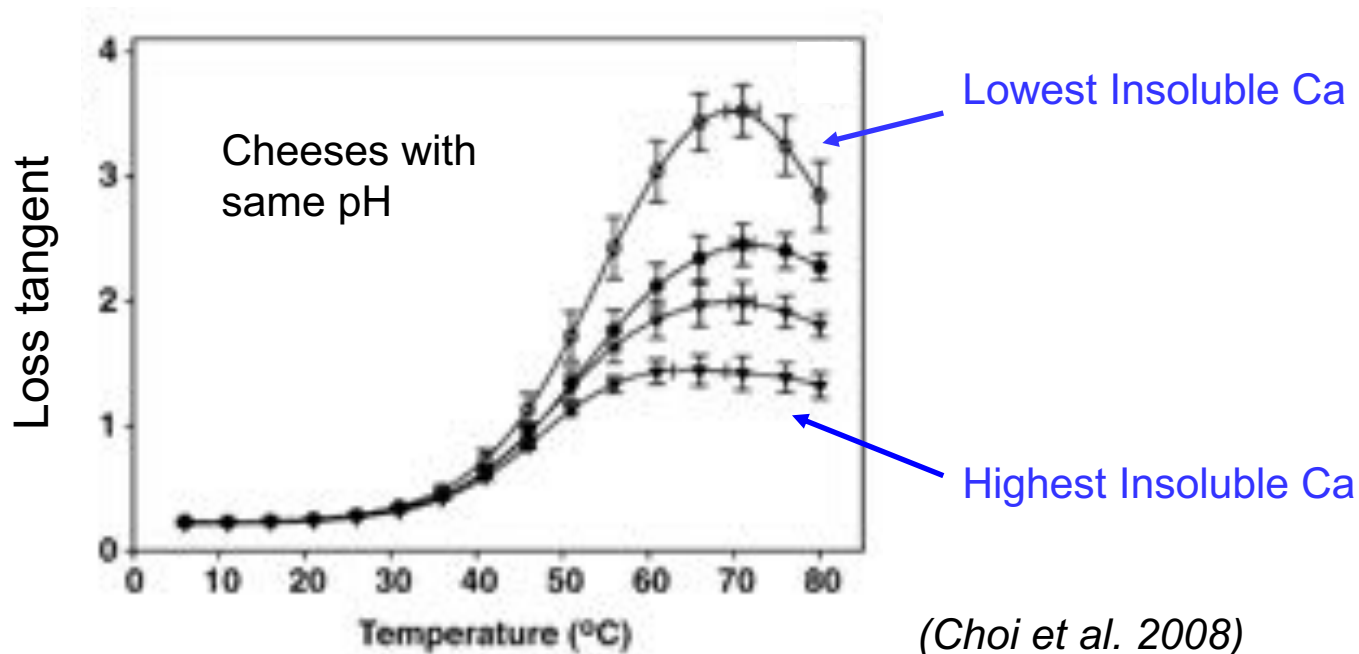
Rheological properties at 70 $^{\circ}\text{C}$



J. Dairy Sci. 89:892-904
 © American Dairy Science Association, 2006.
A Model System for Studying the Effects of Colloidal Calcium Phosphate Concentration on the Rheological Properties of Cheddar Cheese
 J. A. O'Mahony,*† P. L. H. McSweeney,* and J. A. Lucey†
 *Department of Food and Nutritional Sciences, University College, Cork, Ireland
 †Department of Food Science, University of Wisconsin, Madison 53706-1565

Influence of Ca equilibrium on melt

- Insoluble Ca decreases during ripening and is responsible for increased melt during early ripening
- Cheeses with lower insoluble Ca have increased meltability

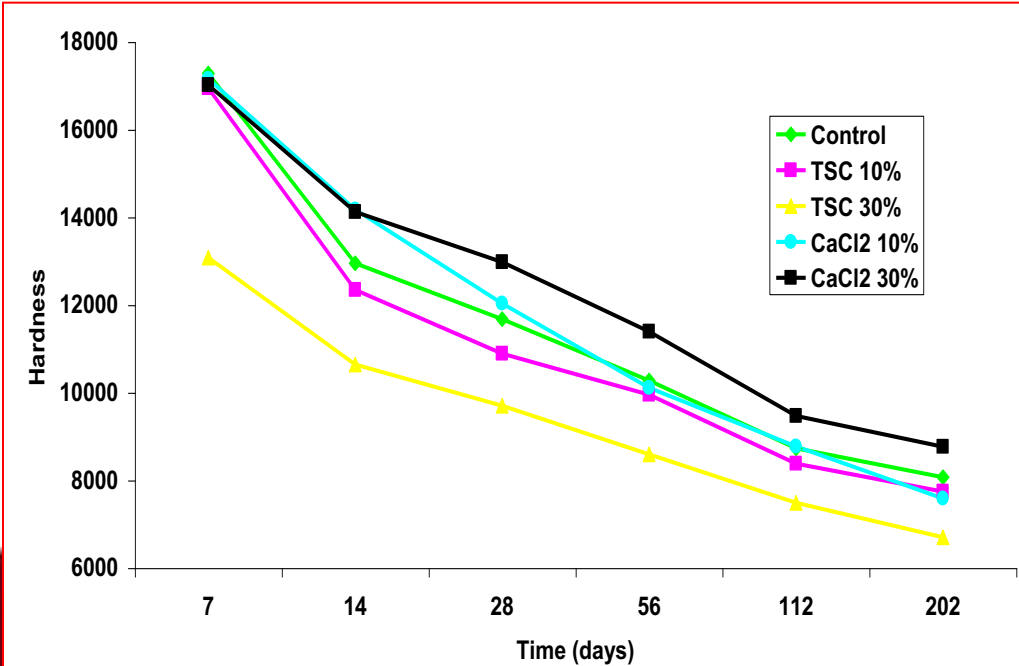
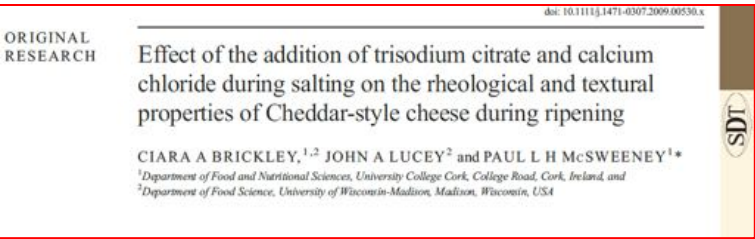


Varying the texture of Cheddar cheese by controlling levels of soluble Ca using trisodium citrate or CaCl_2 added at salting

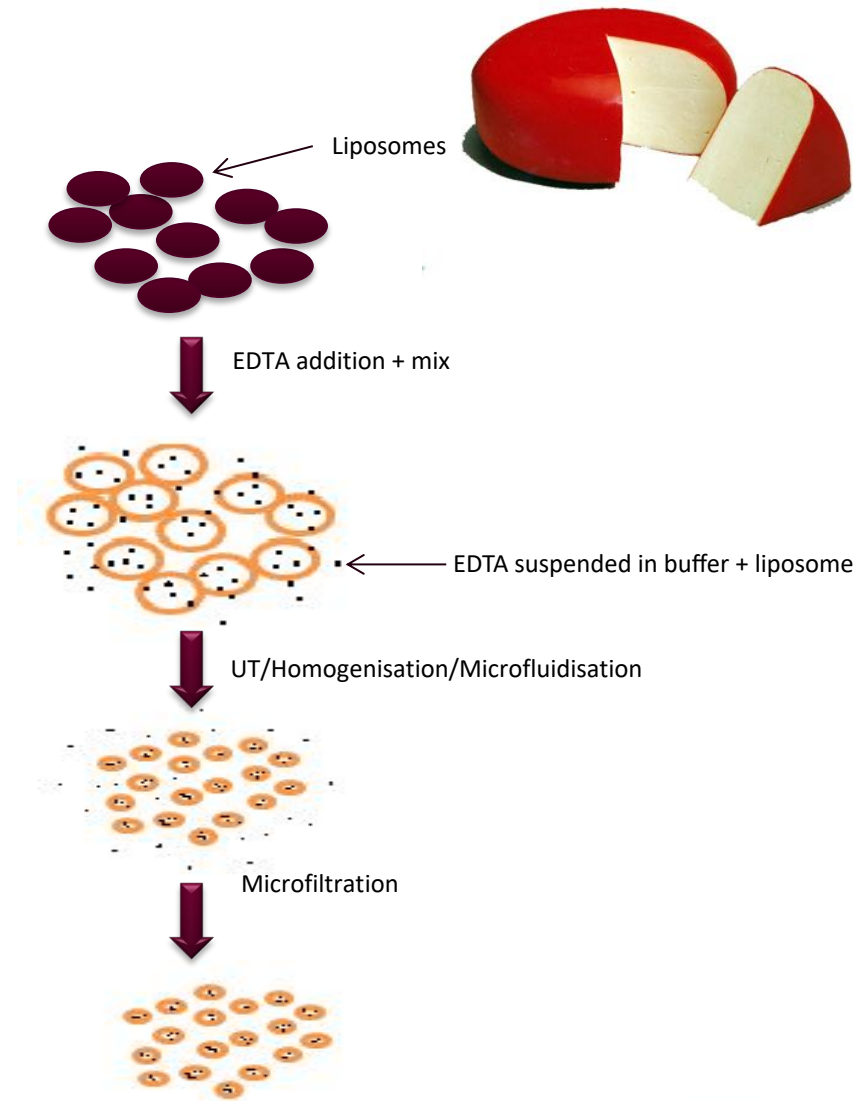
Five vats of Cheddar cheese manufactured –

- Control (100% NaCl)
- Experimental 1 (90% NaCl, 10% TSC)
- Experimental 2 (70% NaCl, 30% TSC)
- Experimental 3 (90% NaCl, 10% CaCl_2)
- Experimental 4 (70% NaCl, 30% CaCl_2)

Levels of NaCl were varied to maintain a constant ionic strength to avoid different moisture levels



1. Manufacture of **Gouda-type** cheeses containing a Ca-sequestering agent (EDTA) encapsulated in liposomes
2. Determine the effect of EDTA on the *textural* and *rheological* properties of Gouda-type cheeses **without** affecting composition



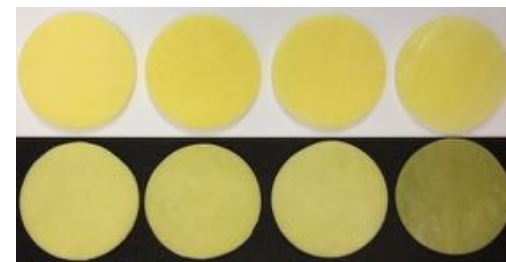
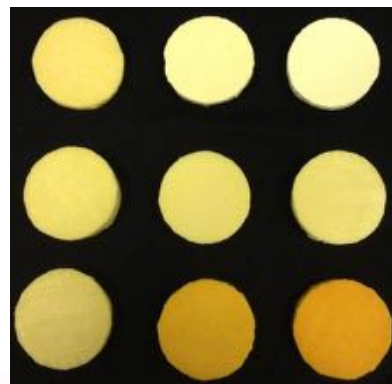
Outline...

- Overview of cheese ripening, coagulants
- Calcium equilibrium and cheese texture
- **Optical properties of low-fat cheese**
- Redox potential and cheese



Translucency in low-fat Cheddar Cheese

- Colour is considered the most important attribute to food appearance.
- Importance of fat content and temperature in cheese colour:
 - Fat increases light scattering, affecting whiteness. (L^* values)
 - Fat reduction on cheese increases translucency (decreases L^* values) and hence acceptability
 - High temperatures increases whiteness. However, it is influenced by fat content (melting effect)
- Other parameters that affect colour in cheese:
 - Salt content
 - Calcium content
 - Homogenisation of cheese-milk
 - Addition of annatto
 - Addition of titanium dioxide



Translucency of low-fat Cheddar Cheese

- L^* value used as an indicator of translucency (the higher the value, the lower the translucency).
- The study of translucent materials has also been studied by means of the reflectance of a thin layer of a sample under a black and a white background.
- Based on this relation, the Kubelka-Munk index (K/S) has been developed (Judd and Wysszecki, 1975)

$$\frac{K}{S} = \frac{1 - R_{\infty}^2}{2R_{\infty}}$$

Where

$$R_{\infty} = a - b$$

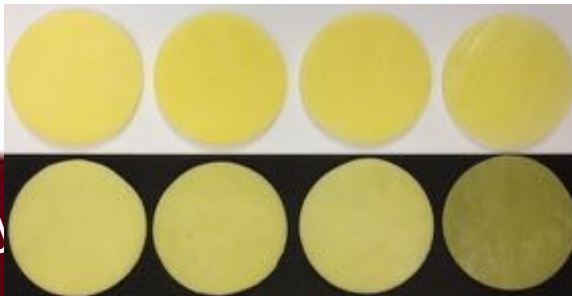
$$a = \frac{1}{2} \left(R + \frac{R_0 - R + R_g}{R_0 R_g} \right)$$

$$b = \sqrt{(a^2 - 1)}$$

R_{∞} : reflectance of a layer of infinite thickness.

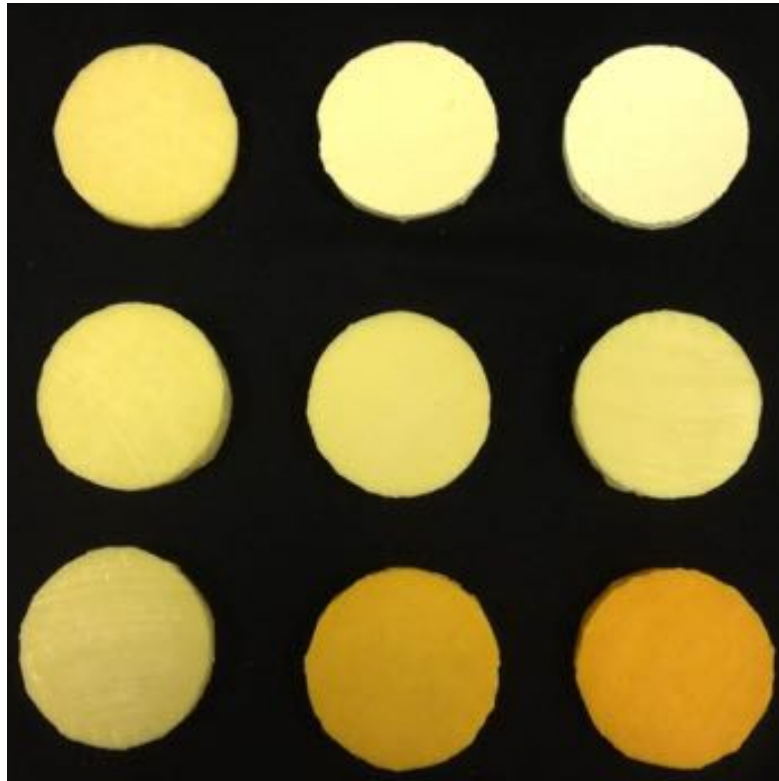
R : reflectance of the sample layer above a white background with a known reflectance R_g

R_0 : reflectance of the sample with an ideal black background.



Effect of titanium dioxide, annatto and homogenisation on Kubelka-Munk index in half fat Cheddar Cheese

Titanium Dioxide



0, 20 and 40
(g TiO_2 /100 kg cheesemilk)

Homogenisation

0, 10 and 20
(MPa)

Annatto

0, 8.25 and 16.5
(ml/100 kg cheesemilk)

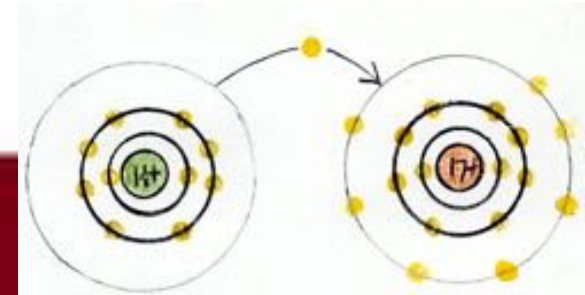
Outline...

- Overview of cheese ripening, coagulants
- Calcium equilibrium and cheese texture
- Optical properties of low-fat cheese
- Redox potential and cheese



Physicochemical parameters influencing cheese ripening...

- pH, a_w (\approx [NaCl]), T well understood and controlled...
- Oxidation-reduction potential largely ignored...
- ORP: measure of ability of chemical species to oxidize or reduce
- ORP of milk \approx +250 to +350 mV, cheese varies (but very reducing)
- Affects microbial growth, production of aroma compounds by amino acid catabolism



Oxidation-reduction potential and cheese

- ORP affects the type of microorganisms that grow in and on cheese...



- Evidence that ORP influences which species or strains of NSLAB proliferate (Boucher *et al.*, 2006).
- ORP contributes to the creation of conditions necessary for balanced flavour development and influences compounds formed...

Addition of oxidizing or reducing agents to the medium influences amino acid conversion to compounds by *Lactococcus lactis*

A. Kierńczyk¹, R. Cachon², G. Feron² and M. Yvon¹¹ Unité de Biochimie et Structure des Protéines, INRA, Jouy-en-Josas, France
² Laboratoire de Microbiologie (UMR UMRI 1232, INRA, Dijon, France)

Figure 1 Amino acid catabolism pathways in *Lactococcus lactis*. AnAAs, aromatic amino acids; BcAAs, branched-chain amino acids; Met, methionine; α-KG, α-ketoglutarate; Glu, glutamate; AT, aminotransferase; HADH, hydroxy acid dehydrogenase; KADH, keto acid dehydrogenase; KADC, keto acid decarboxylase.

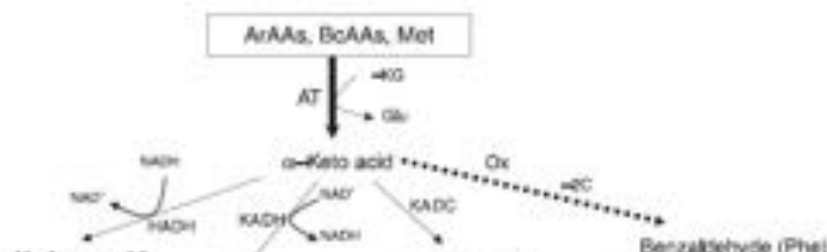


Table 1 Percentages of radioactivity associated with the metabolites produced from phenylalanine, leucine and methionine by *Lactococcus lactis* NCDO 763 and *L. lactis* NCDO 1867 under the three different E_h conditions. The results are means from at least three experiments

Strain	Average E_h (mV)	α-Keto acid	Hydroxy acid	Carboxylic acid	Aldehyde -1C	Aldehyde -2C	Alcohol	Other metabolites	Total
Phenylalanine									
		Phenyl pyruvate	Phenyl lactate	Phenyl acetate	Phenyl acetaldehyde	Benzaldehyde	Phenyl ethanol		
<i>L. lactis</i> NCDO763	+370	0.0*	0.0*	6.7*	0.0*	9.3*	0.0	18.2*	34.2*
	+270	6.0*	2.0*	16.4*	0.0*	6.2*	0.0	13.7*	44.3*
	-170	11.0*	7.8*	22.8*	4.4*	0.0*	0.0	0.0*	46.0*
<i>L. lactis</i> NCDO1867	+330	1.4	0.0*	5.2*	0.0*	2.4*	4.1	16.8*	29.9*
	+180	0.8	2.4*	7.4*	2.0*	0.3*	6.6	6.5*	26.0*
	-220	0.5	4.6*	11.8*	5.6*	0.0*	5.0	16.6*	44.1*
Leucine									
		Keto-isocaproic acid	Hydroxy-isocaproic acid	Isovaleric acid	3-Methyl butanal	2-Methyl propanal	3-Methyl butanol		
<i>L. lactis</i> NCDO763	+370	33.1*	1.7*	8.9	0.0	0.0	0.0	2.9	46.6*
	+200	25.1*	7.0*	18.3	0.0	0.0	0.0	0.7	51.1*
	-190	12.6*	44.0*	10.4	0.0	0.0	0.0	2.3	69.3*
<i>L. lactis</i> NCDO1867	+340	4.8	0.0*	2.9*	12.8*	0.0	12.9*	9.7*	43.1
	+270	6.6	6.7*	2.4*	5.9*	0.0	10.4*	0.3*	32.3
	-200	6.4	13.0*	7.4*	5.2*	0.0	6.9*	0.0*	38.9
Methionine									
		KMBA	HMBA	Methylisopropionic acid†	Methionol	Methylthioacetaldehyde†	Methionol		
<i>L. lactis</i> NCDO763	+340	10.2	1.8*	6.0*	0.0	12.9*	0.0	14.9*	45.8*
	+170	9.4	10.7*	15.1*	0.0	10.5*	0.0	4.7*	50.4*
	-210	5.8	17.7*	30.4*	0.0	3.8*	0.0	4.2*	61.9*
<i>L. lactis</i> NCDO1867	+340	10.2	1.8*	6.0*	0.0	12.9*	0.0	14.9*	45.8*
	+170	9.4	10.7*	15.1*	0.0	10.5*	0.0	4.7*	50.4*
	-210	5.8	17.7*	30.4*	0.0	3.8*	0.0	4.2*	61.9*

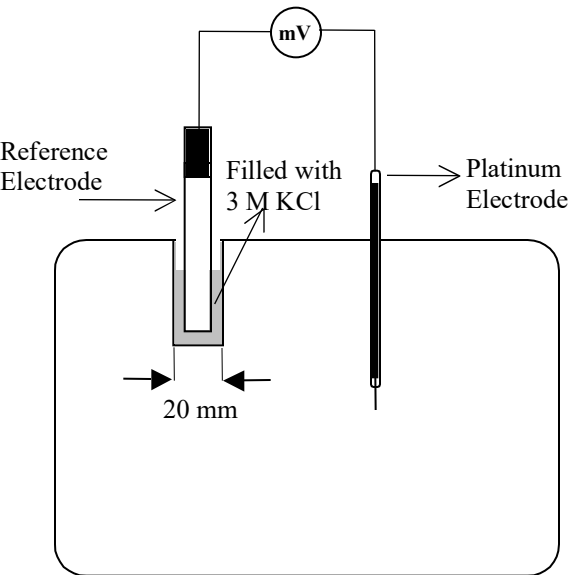
Table 2 Production of volatile sulfur compounds from methionine by *Lactococcus lactis* NCDO763 and *L. lactis* NCDO1867 under different E_h conditions. Data are means of duplicate \pm deviations from the mean

	Average E_h (mV)	Methanethiol*	Dimethyldisulfide*	Dimethyltrisulfide*
<i>L. lactis</i> NCDO763	+340	43 \pm 12	10 861 \pm 2274	11 \pm 2
	+170	45 \pm 9	1312 \pm 14	82 \pm 69
	-210	36 \pm 12	1339 \pm 634	43 \pm 10
<i>L. lactis</i> NCDO1867	+320	863 \pm 205	11 089 \pm 860	84 \pm 2
	+200	828 \pm 244	736 \pm 89	69 \pm 2
	-220	463 \pm 98	482 \pm 136	256 \pm 6

*Peak area values divided by 1000.

g to the calculated percentage of each compound

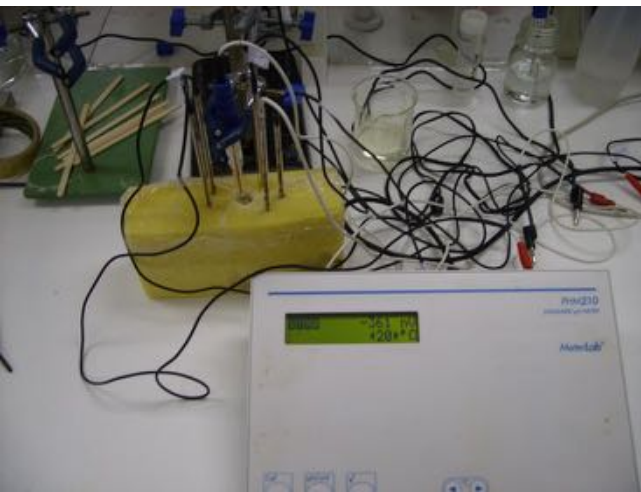
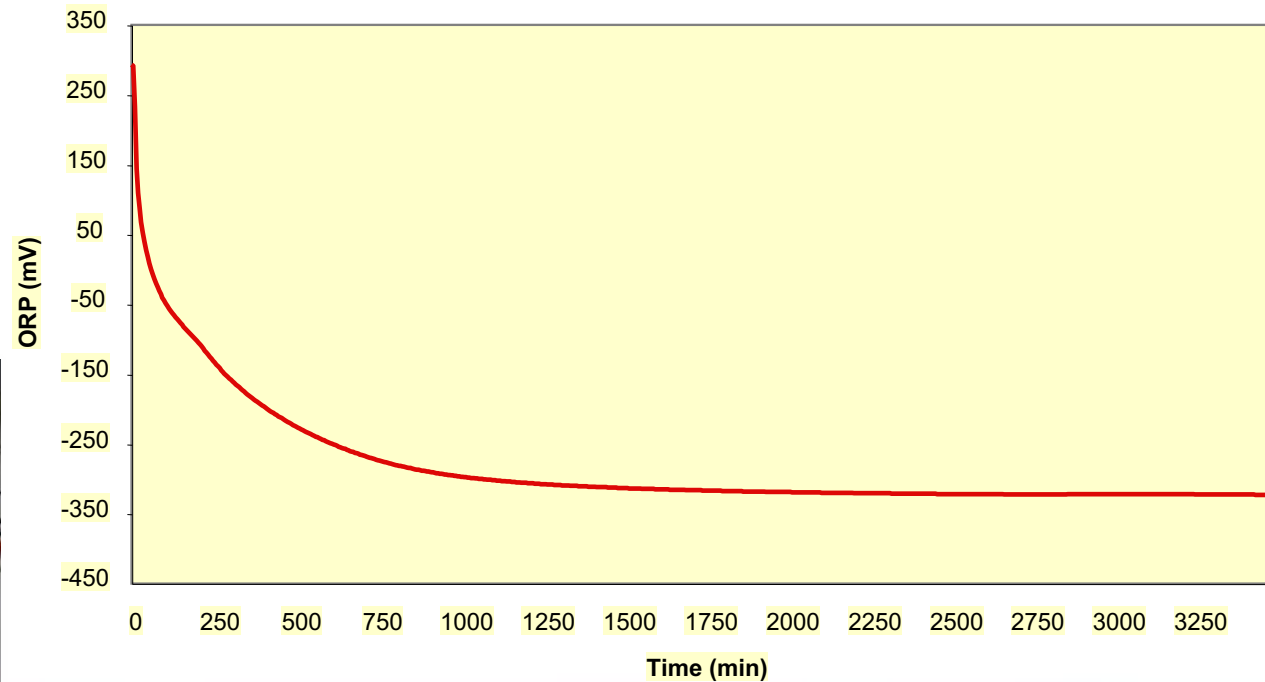
Measurement of ORP in mature hard cheese



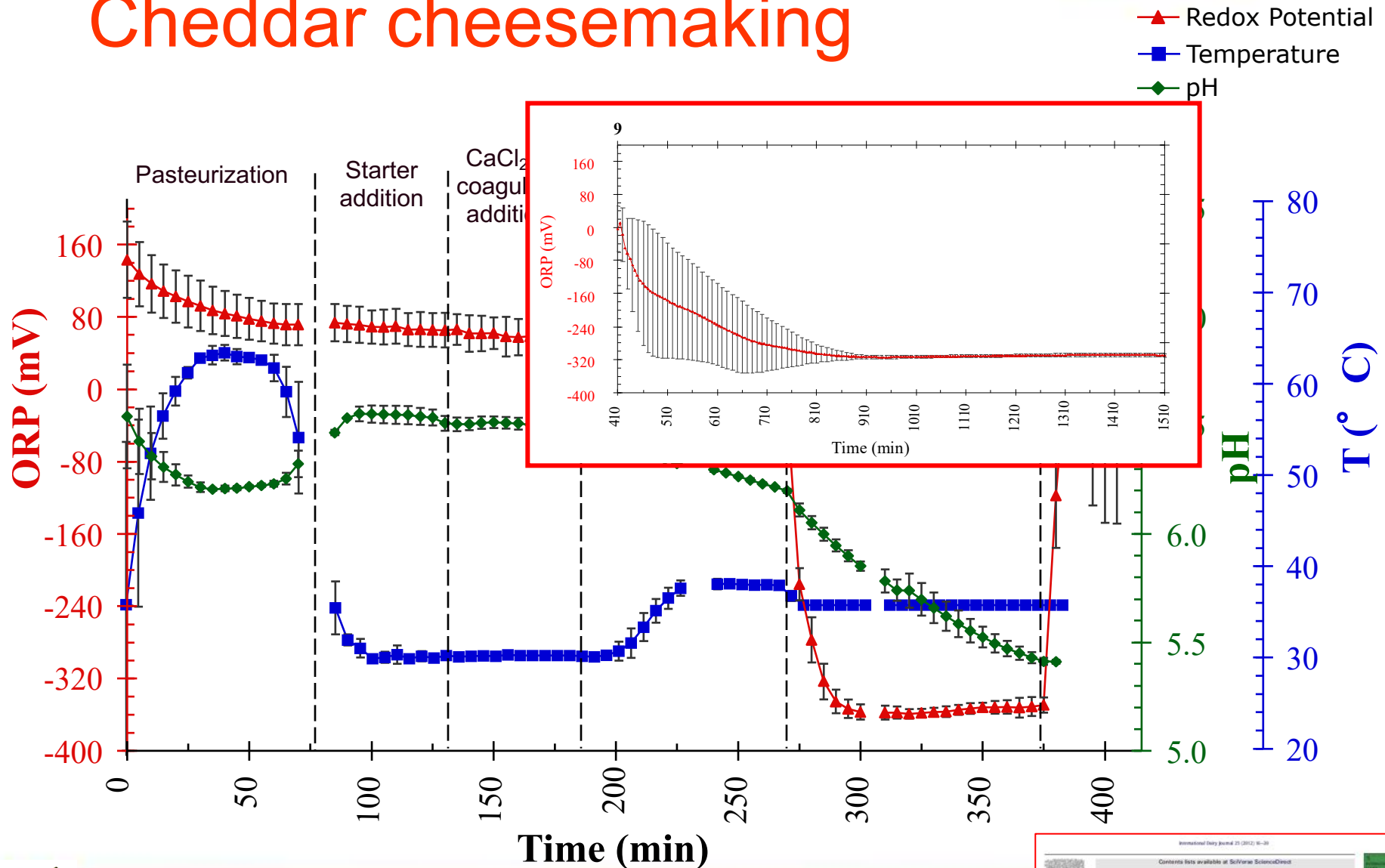
JFS C: Food Chemistry

Measurement of the Oxidation–Reduction Potential of cheddar Cheese

A. TOPCU, I. MCKINNON, AND P.L.H. MCSWEENEY

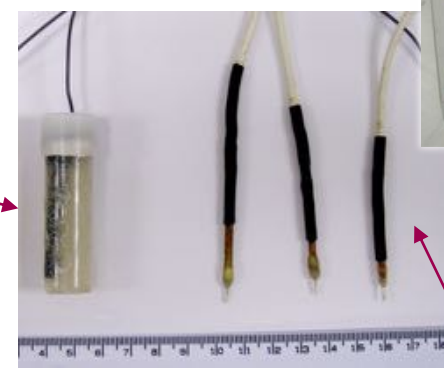
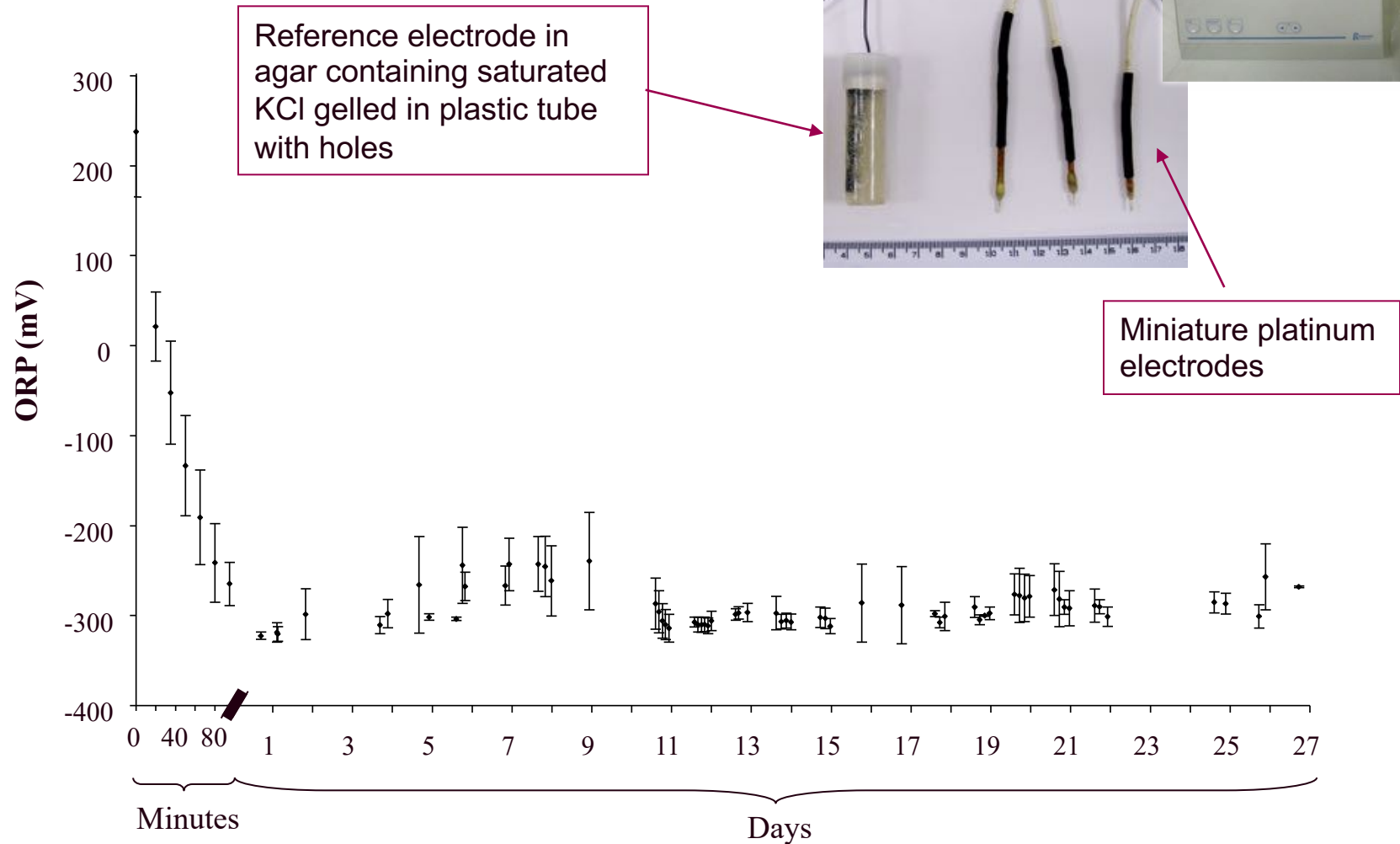


Cheddar cheesemaking

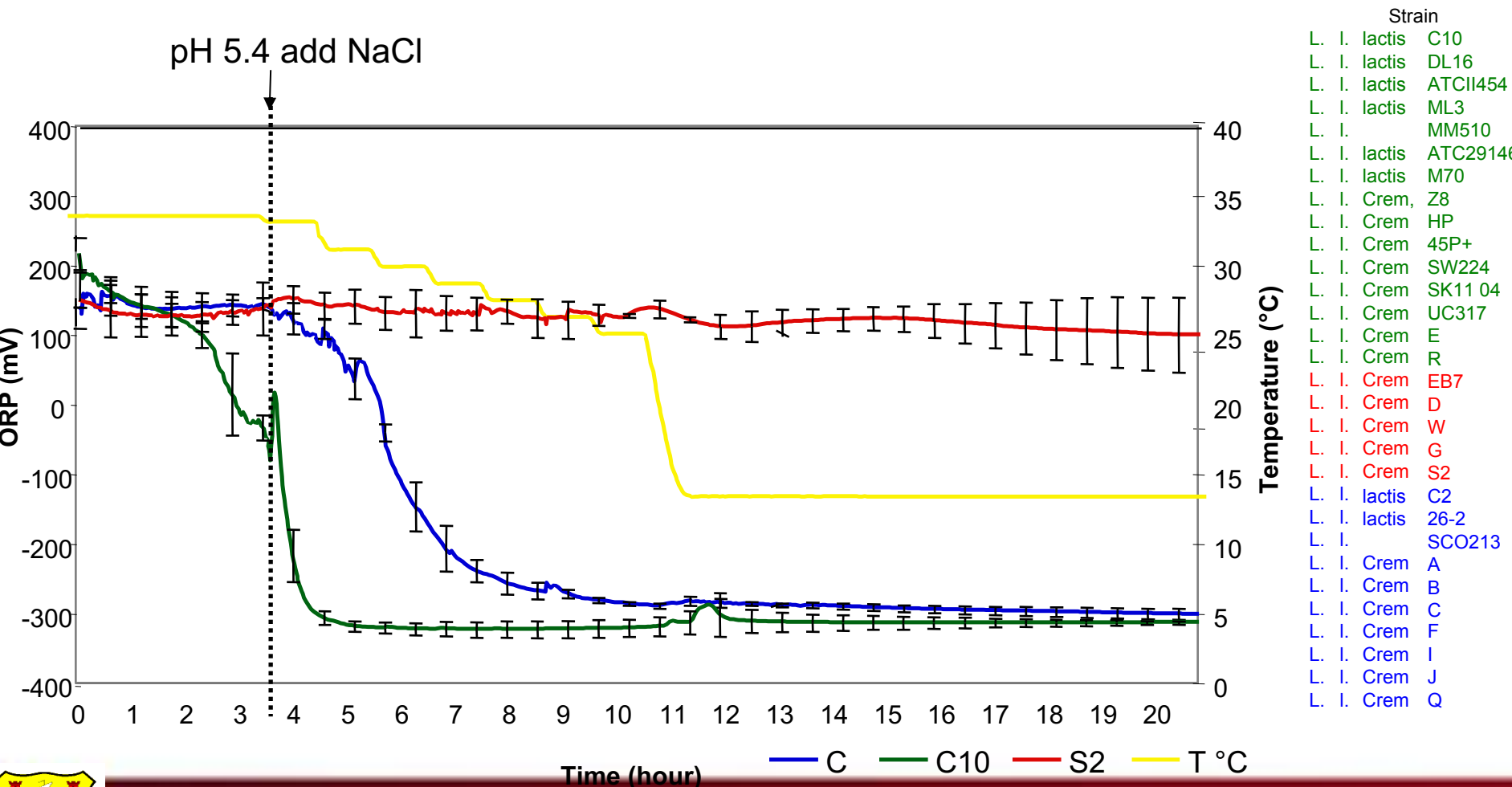


University College Cork

Changes during ripening



Influence of microbial growth on ORP in Cheddar cheese extract during simulated cheese pressing

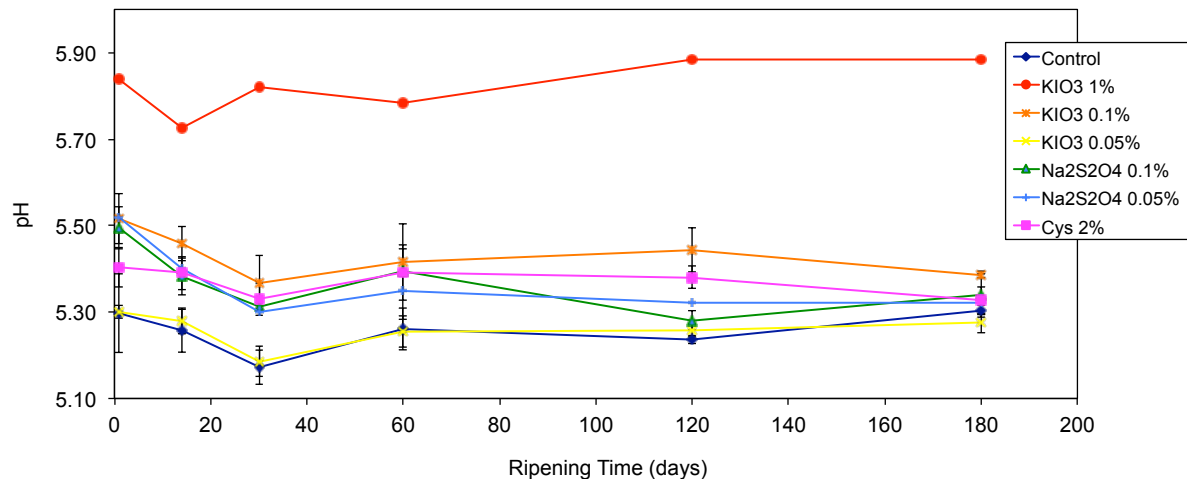
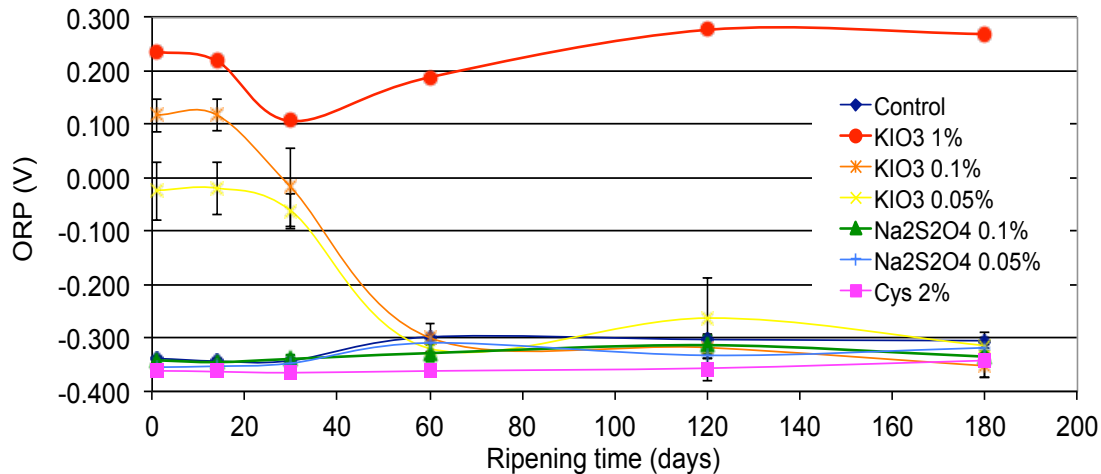


ORP control during Cheddar ripening

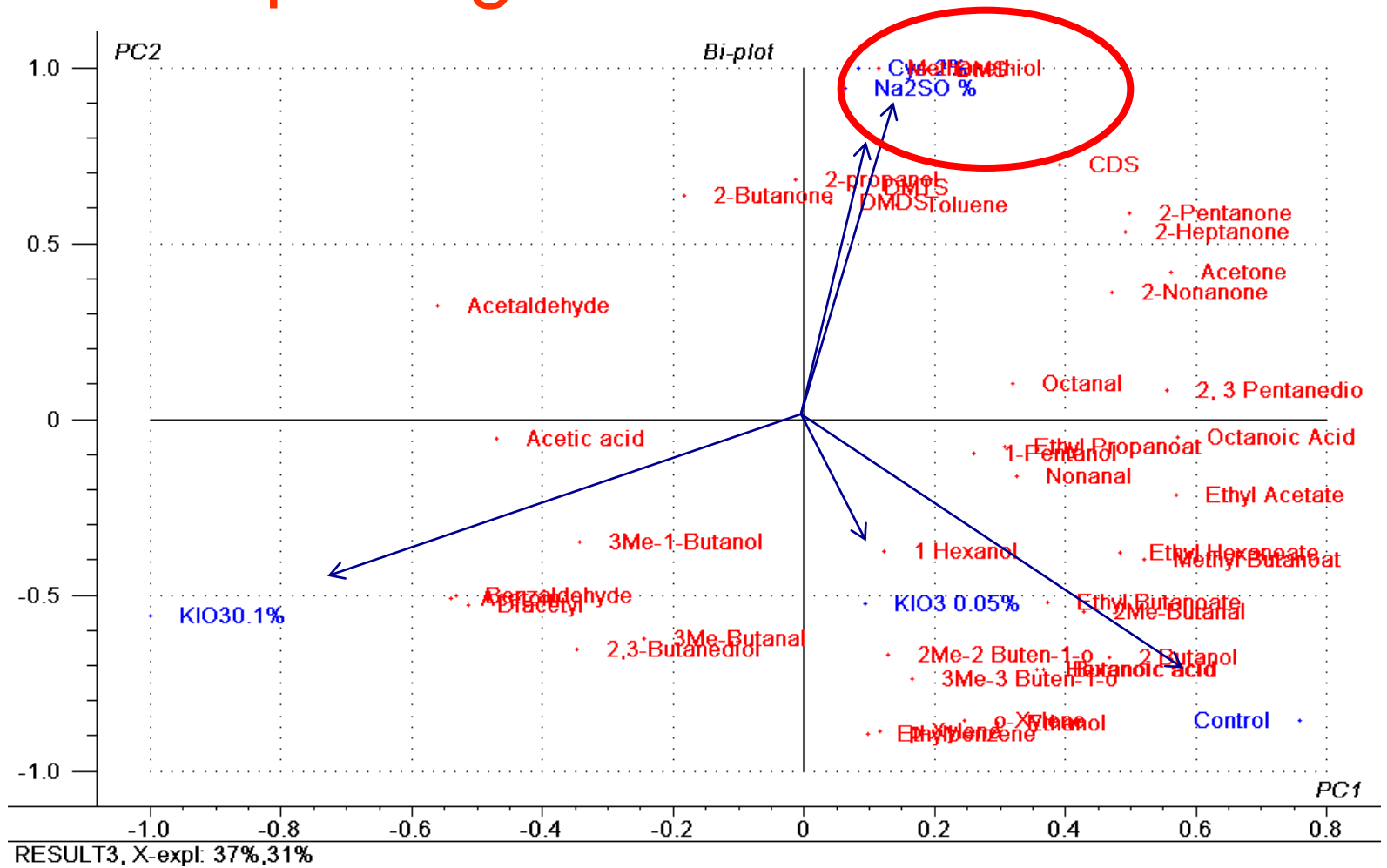
- Cheddar is a dry salted variety
- Redox agents added to the salted curd before pressing
- Reducing agents:
 - Cysteine (2%)
 - Sodium hydrosulfite (0.05%,0.1%)
- Oxidizing agent:
 - Potassium iodate (0.05%,0.1%,1%)



ORP and pH during ripening



PCA of volatile compounds at 2 month ripening



Thank you!

¡Gracias!

